



**Quick Reference Guide to
Community Behavioral Health Services
Gaston and Lincoln Counties**

June 2016



ACCESS to CARE/ CRISIS LINE

1-888-235-4673

Telephonic Screening-Triage-
Referral Mobile Crisis Dispatch
24 hours a day * 7 days a week

Open Access: No Appointment needed

Gastonia

Monarch: 2505 Court Drive - P: 704-842-

6476 Monday – Friday: 8am-3pm

Lincolnton

Lincoln Wellness Center: 311 East McBee St. P: 704-732-

0018 Monday – Friday: 8am-3pm

Onsite Crisis Services 8am- midnight

Walk-In Medication Evaluations

Support, Inc. : 708 S Chestnut St.,

Gastonia 107 N Summey St., Dallas

Monday– Friday: 9am - 3pm

Ages 5yrs.– Adult

Crisis and Detox Centers

Gastonia

Phoenix Counseling Center

2505 Court Drive - Office: 704-842-6359

Crisis Line: 855-527-4747

Provider	Ages & Services	Payment	Address & Service Area
<p>Access Family Services Referrals: 704-671-4487 Fax: 704-671-4494</p>	<p>6yrs. -Adult Mental Health Services School Based Therapy Outpatient Therapy Intensive In Home Medication Management: Kathy Hayes, NP</p>	<p>Medicaid BC Tri Care Medcost NC Health Choice</p>	<p>621 Huntsman Ct. Gastonia, NC 28054</p>
<p>Alexander Youth Network Referrals: 855-362-8470 Crisis: 877-794-1530 Dallas: 704-922-9115 Fax: 704-362-6751</p>	<p>5 yrs. - 21yrs. Mental Health Services: Day Treatment Program Therapeutic Foster Care MST Outpatient Therapy Intensive In Home Medication Management Brad Reddick, MD</p>	<p>Medicaid NC Health Choice Magellan Aetna</p>	<p>1904 Dallas-Cherryville Hwy. Dallas, NC 28034</p> <p>*Walk-In* Lincoln Wellness Center 311 McBee Street Lincolnton, NC 28092</p>
<p>At the Heart of the Matter Referrals- 704-869-8383</p>	<p>4 yrs. - Adult</p> <p>Psychological Testing Christian Counseling</p>	<p>Medicaid Private Insurances Self-Pay- Sliding Scale</p>	<p>2020 Remount Road. Gastonia NC 28054</p>
<p>Brugman Behavioral Care Referrals: 704-869-8878 Fax: 704-869-8879</p>	<p>6 yrs. – Adult</p> <p>Mental Health Services Psychological Testing</p>	<p>Medicaid Private Insurances Self-Pay</p>	<p>2907 Rousseau Ct. Gastonia, NC 28054</p>
<p>Carolina Center for Counseling Referrals: 704-861-2234 Fax: 704-861-2235</p>	<p>3 yrs. - Adult</p> <p>Outpatient and Family Therapy Psychosocial Rehab (Pioneer House)</p>	<p>Medicaid BC/BS Aetna Cigna Self-Pay</p>	<p>227 Wilmot Dr. Gastonia, NC 28054</p>

<p>CaroMont Psychiatric Assoc. Referrals: 704-865-3848 Fax: 704-854-3086 Donald Klasing, MD Vladimir Milstein, MD Abimbola Akanji, MD Tamara Starr, NP-C</p>	<p>4 yrs. - Adult (3 yrs. on case by case ba- sis)</p> <p>Outpatient Therapy Play Therapy Medication Management</p>	<p>Medicaid Private insurances Medicare for medication man- agement Self-Pay</p>	<p>1867 Remount Rd. Suite H Gastonia, NC 28054</p>
<p>Children’s Advocacy Network Referrals: 704-833-0154 Lincolnton: 704-732-0447 Crisis: 704-756-2943 Fax: 704-833-7076</p>	<p>3 yrs. – 18 yrs.</p> <p>CDSA- 0-3 Mental Health Services: Outpatient Therapy Intensive In Home Level 3 Residential CAP-I/DD Medication Management Robert Forinash, MD</p>	<p>Medicaid NC Health Choice BC/BS United Tri-Care Self- Pay</p>	<p>1552 Union Rd. Suite E Gastonia, NC 28054</p> <p>1244 N. Flint St. Lincolnton, NC 28092</p>
<p>Coastal Southeastern United Care Referrals: 704-215-5822 Fax: 704-215-5824</p>	<p>18+ years</p> <p>Mental Health Services</p>	<p>Medicaid</p>	<p>1040 X Ray Drive Gastonia, NC 28054</p>
<p>Gaston Adolescent Center Referrals: 704-691-7561 Crisis: 704-691-7561 Fax: 704-691-7563</p>	<p>5 yrs. - 18yrs</p> <p>Mental Health Services: Outpatient Therapy Intensive in Home Intensive Outpatient Program</p> <p>Jonathan Williams, MD</p>	<p>Medicaid NC Health Choice</p>	<p>635 Cox Rd. Suite B Gastonia, NC 28054</p>

<p>Gaston Family Counseling Center Referrals: 704-874-9005 Fax: 704-874-9001</p>	<p>12 yrs. - Adult</p> <p>Outpatient Therapy Group Therapy Medication Management</p> <p>Robert Forinash, MD</p>	<p>Medicaid Medicare Private Insurances Self-Pay</p>	<p>409 Oakland St. Gastonia, NC 28052</p>
<p>Genuine Counseling Services Referrals: 704-674-7290 Fax: 704-396-6547</p>	<p>3 yrs.-Adult</p> <p>Mental Health Services Outpatient Therapy Intensive in Home</p>	<p>Medicaid Health Choice BC/BS Self- Pay</p>	<p>332 South York Street Gastonia, NC 28052</p>
<p>Gihwala and Associates Referrals: 704-853-0173 Fax: 704-853-0535</p>	<p>6 yrs. - Adult</p> <p>Mental Health Services Medication Management</p> <p>Ramesh Gihwala, MD</p>	<p>Medicaid Medicare</p>	<p>825 Majestic Ct. Suite A Gastonia, NC 28054</p>
<p>Hope Psychiatric Referrals: 704-854-9595 Lincolnton: 704-748-9558 Fax: 704-852-4488</p> <p>Gastonia office: M-W-F Lincolnton office: T-Th</p>	<p>3 yrs. - Adult</p> <p>Mental Health Services Medication Management</p> <p>Subhash Patel, MD</p>	<p>Medicaid Medicare Private Insurances Self-Pay</p>	<p>438 E. Long Ave. Suite 1 Gastonia, NC 28054</p> <p>1220 N. Flint St. Lincolnton, NC 28092</p>

<p>Impact Carolina Services, Inc. Referrals: 704-732-2006 Fax: 704-732-0303</p>	<p>10 yrs. – Adult (6-9 yrs. on case by case basis)</p> <p>Mental Health Services Substance Abuse Services Medication Management Julie Thompson, NP</p>	<p>Medicaid Private insurances Self-Pay</p>	<p>106 Doctors Park Lincolnton, NC 28092</p>
<p>Insights in Recovery Referrals: 704-868-8644 Fax: 704-868-8313</p>	<p>18 yrs. - Adult</p> <p>Substance Abuse Services Assessments</p>	<p>Private Pay – does not bill insurance</p>	<p>359 W. Main Ave. Suite F Gastonia, NC 28052</p>
<p>Live-N-Joy Referrals: (704) 754-4726 Fax: (704) 754-4726 info@livenjoycounseling.org</p>	<p>2 1/2 yrs.-18</p> <p>Outpatient therapy Trauma focused CBT Parent-Child Nichole Appleby, LCSW Melinda Clontz, LCSW Elizabeth Stephens, LCSW</p>	<p>Medicaid BC/BS</p>	<p>201 West Main Street Lincolnton, NC</p>
<p>Monarch Referral: 704-842-6476 Crisis: 704-985-8035 ACTT: 704-842-6474 Fax: 704-854-4235</p>	<p>4 yrs. – Adult</p> <p>Mental Health Services Substance Abuse Services ACT Team Medication Management Kate Slotwinski, PNP Novlett Campbell, NP Tele-psychiatry</p>	<p>Medicaid Medicare Private Insurances Self-Pay</p>	<p>2505 Court Dr. Gastonia, NC 28054</p> <p>Lincoln Wellness Ctr. 311 East McBee St. Lincolnton, NC</p>

<p>New Beginnings Referrals: 704-854-9102 Fax: 704-854-9913</p>	<p>18 yrs. - Adult (Adolescents on case by case basis)</p> <p>Substance Abuse Services Assessments DOT Services</p>	<p>Private Pay – does not bill insurance</p>	<p>825 E. Second Ave. Gastonia, NC 28054</p>
<p>New Hope Psychiatric Services of the Carolinas Referrals: 704-810-7418 Fax: 704-810-6560</p>	<p>15 yrs. - Adult</p> <p>Mental Health Services Medication Management</p> <p>Tonya Norman, NP</p>	<p>Medicaid Medicare Private Insurances Self-Pay</p>	<p>1558 Union Rd. Suite F Gastonia, NC 28054</p>
<p>Outreach Management Services Referrals: 704-854-9828 Crisis: 704-853-9667 Fax: 704-854-9882</p>	<p>4 yrs. – Adult</p> <p>Mental Health Services Substance Abuse Services Medication Management</p> <p>Ramesh Gihwala, MD Julie Thompson, NP Lisa Suddreth, NP</p>	<p>Medicaid Medicare NC Health Choice Private Insurances Self-Pay</p>	<p>1723 Armstrong Park Dr. Gastonia, NC 28054</p>
<p>Payne, Susan Psychiatric Nurse Practitioner Referrals: 704-854-9828 Fax: 704-854-9882</p>	<p>3 yrs. – Adult</p> <p>Mental Health Services Medication Management</p> <p>Susan Payne, NP</p>	<p>Medicaid Medicare NC Health Choice Private Insurances Self-Pay</p>	<p>1723 Armstrong Park Dr. Gastonia, NC 28054</p> <p>*Own Private Practice in Outreach Management’s building</p>

<p>Phoenix Counseling Center</p> <p>Main: 704-861-8014 Referrals: 704-861-8014 Gaston: 704-842-6359 Lincoln: 704-735-7325 Shelby: 704-476-4106 Fax: 704-476-4021 Crisis: 855-527-4747</p>	<p>3 yrs. - Adult</p> <p>Mental Health Services Substance Abuse Services</p>	<p>Medicaid Medicare Private Insurance Self-Pay</p>	<p>2505 Court Dr. Gastonia, NC 28054 510 S. Aspen St. Lincolnton, NC 28092 Lincoln Wellness Ctr. 311 McBee St. Lincolnton, NC 28092 917 1st St. Shelby, NC 28150</p>
<p>Pinnacle Family Services Referrals: 704-864-6573 Fax: 704-864-9791</p>	<p>3 yrs. -18</p> <p>Outpatient Therapy Family Centered Treat- ment Medication Management Loghman Zaiim, MD</p>	<p>Medicaid NC Health Choice</p>	<p>330 S York St. Gastonia, NC 28052</p>
<p>Psychiatric Services of the Carolinas Referrals: 704-867-6188 Fax: 704-866-4437</p>	<p>3 yrs. - Adult</p> <p>Mental Health Services Medication Management</p> <p>Nilima Shukla, MD Emily Gibbons, NP Kathy Myatt, NP Christie Roeske, NP Latasha Al- Jarboua, PA</p>	<p>Medicaid Medicare Private Insurances Self-Pay</p>	<p>1530-A Union Rd. Gastonia, NC 28054</p>

<p>PsycLinc Referrals: 704-530-0850 Lincolnton: 704-612-2375 Shelby: 704-612-2375 Fax: 704-735-9810</p>	<p>6 yrs. - Adult</p> <p>Mental Health Services *Psychological Testing Becky Reavis, PhD</p>	<p>Medicaid Medicare Private Insurances Self-Pay</p>	<p>518 South Aspen St. Lincolnton, NC 28092</p> <p>1333 Fallston Rd. Shelby, NC 28150</p>
<p>Self Concepts Referrals: 704-852-3874 Fax: 704-852-7060</p>	<p>5 yrs. – Adult</p> <p>Mental Health Services Substance Abuse Services Medication Management</p> <p>Christie Roeske, NP</p>	<p>Medicaid Private Insurances IPRS</p>	<p>1305 E. Garrison Blvd. Gastonia, NC 28054</p>
<p>Shukla, Vickram, MD Referrals: 704-868-8988 Fax: 704-868-9948</p>	<p>2 yrs. – Adult</p> <p>Mental Health Services Substance Abuse Services Medication Management</p>	<p>Medicaid Medicare Private Insurances Self-Pay</p>	<p>839 Majestic Ct. Suite 8 Gastonia, NC 28054</p>
<p>SunPath, LLC Referrals: 704-478-6093 Crisis: 704-300-9913 Fax: 704-973-9287</p>	<p>Child-Adolescent-Adult Mental Health Services Substance Abuse Services</p>	<p>Medicaid Private Insurances</p>	<p>415 W. Main Avenue Gastonia, NC 28052</p>

<p>Support, Inc. Referrals: 704-865-3525 Crisis: 980-329-9200 Fax: 704-865-3520</p>	<p>4 yrs - 18yrs</p> <p>Mental Health Services Substance Abuse Services Day Treatment Program Medication Management Walk-In Medication Evalu- ation (5yrs-Adult)</p> <p>Karen Melendez, MD Laddena Gamble, NP Daniel Sanza, PA</p>	<p>Medicaid BC/BS Medcost IPRS Self-Pay</p>	<p>708 S. Chestnut St. Gastonia, NC 28054</p> <p>128 Performance Dr. Lincolnton, NC 28092</p> <p>311 McBee St. Lincolnton, NC</p> <p>107 N. Summey St. Dallas, NC</p> <p>917 1st St. Shelby, NC 28150</p>
<p>Umbrella of Hope Referrals: 704-671-2609 Fax: 704-671-4036</p>	<p>3 yrs. – Adult</p> <p>Mental Health Services Outpatient Therapies Individual Couple, Family & Group</p>	<p>Medicaid Private Insurances Dual</p>	<p>1558 Union Road Suite F Gastonia, NC 28054</p>
<p>Walker, Phyllis, LCSW Referrals: 704-862-0081 Fax: 704-862-9990</p>	<p>3 yrs. – Adult</p> <p>Mental Health Services</p>	<p>Medicaid Private Insurances Self-Pay (Case by case basis)</p>	<p>436 E. Long Ave. Suite 2 Gastonia, NC 28052</p>

Methadone Clinic

McLeod Center 549 Cox Rd, Gastonia, NC

phone: 704.865.1558

fax: 704.865.9908

Hours: Mon thru Fri 5am to 12pm

Saturday and Sunday 6am to 9am

Suboxone program - Initial intake appointment is at the Charlotte office
@ 515 Clancy Rd- 704-332-9001

Suboxone Prescribers

Vickram Shukla, MD	839 Majestic Ct. Suite 8	(704) 868-8988
Nilima Shukla, MD	839 Majestic Ct. Suite 1	(704) 867-6188
Claude Luvis, MD Charmaine Luvis, MD	2682 Court Dr Suite B	(704) 824-0500
Tracie Ball, MD	6428 Wilkinson Blvd Suite 241	(704) 747-2262
Subhash Patel, MD	432 E. Long Ave.	(704) 854-9595
Michael Smith, MD	305 W. Catawba Ave.	(704) 822-6200

Alcoholics Anonymous

Western Piedmont Intergroup Association Inc.

(704)865-1561; www.wpintergroup.org

Narcotics Anonymous

Southern Foothills Area of Narcotics Anonymous

1-866-997-9559 ; www.sfana.com

SUBSTANCE ABUSE SERVICES GASTON AND LINCOLN COUNTIES

Treatment Center	Phone	Adult	Adolescent
Carolinas Medical Center Mercy Horizon 2001 Vail Avenue Charlotte, NC 28207	704-444-2400	Hospital inpatient detox Outpatient detox Residential SAIOP	
Cornerstone Christian Ctr. 400 E. 5th Street Gastonia, NC	704-671-1030	90 day residential program Males only	
Flynn Fellowship Home 311 South Marietta Street Gastonia, NC 28052	704-865-9395	Residential long- term treatment (30+ days) Males	
Gaylain's House of Hope 322 East McBee St. Lincolnton, NC 28092	704-240-9453	Residential- Half way house Females only	
Insight into Recovery 359 W Main Ave. Suite F Gastonia, NC 28052	704-868-8644	Outpatient DWI Assessments, treatment referral	Outpatient DWI Assessments, treatment, referral
New Beginnings 825 East 2nd Avenue Gastonia, NC 28054	704- 854-9102	Outpatient DWI	
McLeod Center 549 Cox Rd. Gastonia, NC 28054	704.865.1558 Charlotte 855.824.9458	Methadone maintenance Residential in Charlotte	Residential in Charlotte Males 13-17y
Outreach Management Services 1723 Armstrong Park Drive Gastonia, NC 28054	704-854-9828	Outpatient SAIOP Community Support Specific Substance Abuse Treatment	Outpatient SAIOP
Phoenix Counseling Ctr. Recovery Center 2505 Court Dr Gastonia, NC 28054 510 S Aspen St Lincolnton, NC 28092 311 East McBee St Lincolnton, NC	704-861-8014	Facility Based Detox beds Outpatient SAIOP & SACOT DWI	SAIOP
Self Concepts 1305 East Garrison Blvd. Gastonia, NC 28054	704-852-3874	Outpatient SAIOP & SACOT DWI	Outpatient DWI
Support, Inc. 708 S. Chestnut St., Gastonia 107 N. Summey St., Dallas 311 McBee St, Lincolnton 126 Performance Dr. Lincolnton	704-865-3525 Ext. 213		Outpatient Group SAIOP & SACOT
Turning Point Behavioral Health Group 1542 Union Rd, Gastonia	704-854-9854	Outpatient	

SAIOP: an intensive substance abuse outpatient treatment program providing comprehensive support to people in early recovery for approximately 12-16 weeks.

SACOT: a comprehensive substance abuse outpatient treatment program providing at least 20 hours per week and offers a minimum of 4 hours of scheduled services per day, with availability at least 5 days per week.

