

Community Health Needs Assessment

CaroMont Health Priorities

2019 - 2021

Top Health Issues – Gaston County

Source: Quality of Life Surveys, All Respondents; Gaston County Community Health Assessment dated March 2019

Rank	2012	2015	2018
1	Obesity	Obesity	Mental Health
2	Illegal Drug Use	Illegal Drug Use	Illegal Drug Abuse
3	Teen Pregnancy	Teen Pregnancy	Prescription Drug Abuse
4	Alcohol Abuse	Alcohol Abuse	Homelessness and Safe Housing
5	Prescription Drug Abuse	Prescription Drug Abuse	Lack of Healthcare for the Uninsured

Leading Causes of Death – Gaston County

Source: NC Center for Health Statistics; Gaston County Community Health Assessment dated March 2019

Rank	2009-2013	2013-2017
1	Heart Disease: 2,296	Cancer: 2,335
2	Cancer: 2,253	Heart Disease: 2,257
3	Respiratory Disease: 836	Respiratory Disease: 872
4	Stroke: 491	Alzheimer's: 596
5	Alzheimer's: 478	Stroke: 564

CaroMont Health Priorities

2019-2021

1. Proactively manage mental health issues in primary care offices
2. Enhance opioid and prescription drug abuse intervention and management protocols
3. Improve access to affordable healthy food in low income communities

APPENDIX

CaroMont and DHHS Priorities for 2015-2020

CaroMont Health Priorities	DHHS Priorities
Increase mental health services provided in mental health clinics	Advocate for additional mental health resources and their integration into public health services
Redesign opioid prescribing standards to decrease narcotics use	Reduce the incidence of childhood obesity
Provide services to lower obesity and diabetes rates	Enhance children and family services to provide children and families access to prevention, treatment, support, health and education services to improve family functioning
	Enhance its programs so the elderly have adequate access to medical care and support service