

Comprehensive Health Resource Guide (Gaston County)

Revised 11/27/18

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Assisted Living Centers

Brookdale-New Hope	704-864-0801
Atria MerryWood	704-523-4949
Brighton Gardens of Charlotte	704-643-1400
Brookdale Place of South Charlotte	704-544-2094
Carillon Assisted Living - Cramerton <ul style="list-style-type: none">• Memory Care Unit	704-823-0500
Carolina Care Cherryville <ul style="list-style-type: none">• Rehab, Assisted Living	704-435-4161
Brookdale-Providence <ul style="list-style-type: none">• Alzheimer care	704-869-2248
Peak Resources of Cherryville <ul style="list-style-type: none">• Memory Care Unit , Rehab, Assisted Living	704-435-6029
Peak Resource of Gastonia	704-861-0981
Brookdale of Asheville <ul style="list-style-type: none">• Memory Care Unit	828-687-0155
Peak Resources of Shelby	704-482-5396
Country Time Inn <ul style="list-style-type: none">• Memory Care Unit	704-739-2760
Brookdale-Union Road	704-864-9440
Brookdale- Robinwood Road	704-864-2480

Heritage Oaks	704-864-3249
Morningside of Gastonia <ul style="list-style-type: none"> ● Memory Care Unit ● Assisted living ● Respite care 	704-810-0111
Rosewood	704-865-2238
Brookdale Shelby	704-481-0150
Summit Place of Kings Mountain Memory Care Unit	704-739-6772
Sunrise on Providence	704-365-5252
Terrace Ridge	704-865-5556
Somerset Court of Cherryville	704-445-7554
Stanley Total Living Memory Care Unit	704-263-1986
Wellington House of Gastonia Memory Care Only	704-864-7739
White Oak Manor Kings Mountain Memory Care Unit	704-739-8132
Woodlawn Haven Mt. Holly	704-827-1573

Assistance for Low Income

<p>American Red Cross - Gaston County Chapter 190 S. Oakland St, Gastonia, NC</p> <ul style="list-style-type: none"> Provides disaster relief including single family fire assistance Help get emergency messages for military families 	<p>704-864-2623</p>
<p>Bessemer City Crisis Center 315 E. Virginia Ave., Bessemer City, NC 28016 9:00 am - 4:00 pm M-F 9:00 am - 2:00 pm Sat</p> <ul style="list-style-type: none"> Food, utilities, medication, clothing. 	<p>704-629-2147</p>
<p>Belmont Community Organization 91 E. Catawba St., Belmont, NC 28012 9 AM -1 PM</p> <ul style="list-style-type: none"> Food, clothing, medicine, electric/ gas bill, household items 	<p>704-825-4526</p>
<p>Bread, Inc. 161 W. Franklin Blvd., Gastonia, 9AM-12PM</p> <ul style="list-style-type: none"> NC Free bread products. 	<p>704-854-9221</p>
<p>Cancer Care Co-payment Assistance Foundation</p> <ul style="list-style-type: none"> Offers health insurance co-payment assistance to breast cancer patients undergoing some types of chemotherapy. 	<p>866-552-6729</p>
<p>Central United Methodist Church 200 E Marion St, Shelby, NC</p> <ul style="list-style-type: none"> Financial Assistance for emergency needs. Help 1 x per year; \$50 limit. Must go through Greater Baptist Assoc. of Cleveland County screening prior to approval. 	<p>704-487-6336</p>
<p>Cherryville Area Ministries 212 N. Mountain St., Cherryville, NC 28021 10 AM - 4 PM</p> <ul style="list-style-type: none"> Clothing, food boxes, utilities, medicine and rent 	<p>704-435-3816</p>
<p>Christ the King CE Church 1311 S Lafayette St, Shelby, NC</p> <ul style="list-style-type: none"> Financial Assistance for emergency needs. 	<p>704-482-0171</p>

<p>Christian Ministries of Lincoln County 9 AM-1PM 230 E. Water St., Lincolnton, NC 28093 Food, utilities, furniture, prescriptions</p>	<p>704-732-0383</p>
<p>Community Relief Org. of Mt. Holly 9 AM- 12:30 PM PO Box 831, Mt. Holly, NC 28120 Food, clothing, rent, heat, electric bills, medicine</p>	<p>704-827-0450</p>
<p>Cramerton Ministerial Associates 8 AM - 3 PM First Baptist Church 235 Eighth Ave., Cramerton, NC Utilities, medicine, gas - Cramerton residents only Food pantry for anyone in need</p>	<p>704-756-1531</p>
<p>Crisis Assistance Ministries (CAM) 10 AM - 2 PM 805-B WE. Airline Ave., Gastonia, NC 28052 Assistance with food, rent, utilities, medicine 1st come 1st served Line up starts at 9 AM for Gastonia residents only</p>	<p>704-867-8901</p>
<p>Dallas/High Shoals/ Stanley Christian Social Ministry T 9-12, W & TH 2-6, Fri 9-305 E. Trade St., Dallas, NC 28034 Utilities (2x/yr), food & clothing (once/month), medicine</p>	<p>704-922-1236</p>
<p>Gaston Baptist Association 607 Rankin Lake Rd., Gastonia, NC 28052 Food, clothing, medicine, utilities, transportation. Call on Mondays for appt.</p>	<p>704-867-0905</p>
<p>Greater Cleveland County Baptist Association Utility, food, clothing, life saving meds. Call for an appointment</p>	<p>704-481-9119</p>
<p>Heart Society of Gaston County 1201 E. Garrison Blvd., Gastonia, NC Provides financial assistance for heart medication for Gaston County residents in crisis situations.</p>	<p>704-865-1214</p>

<p>Higher Ground Ministry Church of God - Ranlo 1825 Spencer Mtn Rd, Ranlo, NC 1st and 3rd Saturday of each month 1-3pm</p>	
<p>Patient Access Network Foundation The PAN Foundation helps patients living with certain cancers, chronic illnesses and rare diseases, through more than 50 disease-specific financial assistance programs.</p> <p>Patient Advocate Foundation - National Underinsured Resource Directory 9 AM - 2 PM Help in finding local, state and national resources for people who are underinsured and looking for insurance coverage options or other types of financial assistance. www.patientadvocate.org</p>	<p>1-866-316-PANF (7263) 9am-5pm, Mon-Fri</p> <p>https://www.panapply.org</p> <p>800-532-5274</p>
<p>Phoenix Community Outreach Center (PCOC) Open until 2:30 PM Mon-Fri 809 W. Airline Ave., Gastonia, NC 28052 Homeless Day Shelter</p>	<p>980-251-1874 704-682-9930</p>
<p>Queen of the Apostles Catholic Church 8:30 AM- 4:30 PM 503 N. Main St., Belmont, NC 28012 Food, clothing, medicine, heat/electric/gas bills</p>	<p>704-825-5277</p>
<p>S.O.C.K.S. (closed Wed.) 9 AM - 1 PM PO Box 269, McAdenville, NC 28101 Food, medicine, utilities, rent, gas, hospital equipment</p>	<p>704-827-8780</p>
<p>Shelby Community Lion's Club 1687 E. Marion St., Shelby, NC Assistance with food staples.</p>	<p>704-406-9331</p>
<p>Safe Alliance Domestic Violence Shelter Charlotte, NC</p>	<p>704-332-2513</p>

<p>The Shelter of Gaston County- A Residence and Resource Center for Battered Women and Children Gastonia, NC</p>	704- 852-6000
<p>Stanley Emergency Relief Fund (SERF) T-F 9:30 AM - 12:15 PM Medication Assistance</p>	704-263-5649
<p>St. Michael's Thrift Store 10 AM- 5:30 PM Tues. - Sat. 1111 S. York Rd., Gastonia, NC Resale store for clothing, all types of household items and more.</p>	704-864-8646
<p>The Salvation Army (Call on Fridays for an appointment) 107 S. Broad St., Gastonia, NC 28052 Food, clothing, rent, utilities</p>	704-867-6145
<p>Trinity United Methodist Church Tuesdays 9:30 AM only 1513 Florida Ave., Gastonia, NC 28052 Food boxes, spiritual counseling,</p>	704-867-7830
<p>U-CAN Inc. 230 Main St., Lawndale, NC Clothing, food & emergency assistance to Cleveland Co. residents.</p>	704-538-8417
<p>United Way of Cleveland County 132 W. Graham St., Shelby, NC</p>	704-482-9662
<p>United Way of Gaston County 200 E. Franklin Blvd., Gastonia, NC Information & Referral Center</p>	<p>211 for help 704-864-4554 704-482-7344</p>
<p>United Way of Lincoln County PO Box 234, Lincolnton, NC 28093</p>	704-732-8055

Bariatric Services

Carolinas Weight Management

2608 E. 7th St., Charlotte, NC

- Surgical and non-surgical options.

704-355-9484

Catawba Valley Medical Center Surgical Weight Management Program

828-326-2082

Frye Regional Medical Center Surgical Weight Loss Program

828-315-5577

Metabolism and Wellness Clinic

8840 Blakeney Professional Dr., Charlotte, NC 28277

980-259-4298

Nutrition Counseling Svc

608 W King St Ste B, Kings Mountain

704-734-5223

Presbyterian Bariatric Ctr

1918 Randolph Rd Ste 320 · Charlotte

704-316-8000

The Medical Spa PLLC

530 S. New Hope Rd. Suite 4
Gastonia, NC 28054

704-884-2179

Weight Watchers - Gastonia

2980 E Franklin Blvd Ste 12 Gastonia

800-516-3535

Weight Management Center

2 Regional Medical Park Suite 102
Asheville, NC 28803

828-213-4100

Behavioral Health Agencies

<p>ACCESS to Care Line</p> <p>Partners Behavioral Health Management 901 South New Hope Road Gastonia, NC 28054</p> <ul style="list-style-type: none"> ● Get connected to a provider for Behavioral Health ● Call to inquire about Mental Health, Intellectual/Developmental Disabilities, and Substance Use Disorders 	<p>1-888-235-4673</p>
<p>Access Family Services</p> <ul style="list-style-type: none"> ● Specialty Services: Adult, Adolescent & Child Mental Health ● Family Centered Treatment ● School Based Therapy ● Outpatient Therapy ● Medicaid-NC Health Choice 	<p>Referrals: 704-671-4487</p>
<p>Alexander Youth Network</p> <ul style="list-style-type: none"> ● Specialty Services: Child and Adolescent Mental Health, Trauma, Therapeutic Foster Care, Intensive in Home, Psychiatric Residential Treatment Facility(Charlotte), Day Treatment ● Medicaid-NC Health Choice-IPRS-Private 	<p>Referrals: 1-855-362-8470</p>
<p>Barium Springs</p> <ul style="list-style-type: none"> ● Specialty Services: Residential, Therapeutic Foster Care Medicaid-NC Health Choice 	<p>Referrals: 704-872-4159 1-800-395-2591</p>
<p>Brugman Behavioral</p> <p>Private Joan Brugman, PsyD</p> <ul style="list-style-type: none"> ● Adult, Adolescent & Child Mental Health and Behaviors Individual Therapy ● Parent/Child Therapy ● Psychological Testing 	<p>704-385-4253</p>

<p>Brugman Behavioral</p> <p>Private</p> <p>Joan Brugman, PsyD</p> <ul style="list-style-type: none"> ● Adult, Adolescent & Child Mental Health and Behaviors Individual Therapy ● Parent/Child Therapy ● Psychological Testing 	<p>704-385-4253</p>
<p>Caromont Psychiatric Associates</p> <p>1867 Remount Rd.</p> <p>Gastonia, North Carolina 28054</p> <ul style="list-style-type: none"> ● Adult, Adolescent & Child Mental Health Individual Therapy ● Medication Management ● Medicaid-Medicare-Private ● M-Th 7:30-5:30, F 7:30-4:30 	<p>Referrals: 704-865-3848</p>
<p>Children's Advocacy Network</p> <p>1371 East Garrison Boulevard</p> <p>Gastonia, NC</p> <ul style="list-style-type: none"> ● Specialty Services: Child and Adolescent Mental Health Early Intervention, Intensive in Home ● Medicaid-NC Health Choice-IPRS-Private-Self Pay 	<p>Referrals: 704-833-0154</p> <p>Fax: 704-833-7076</p>
<p>Easter Seals UCP of NC</p> <ul style="list-style-type: none"> ● MR-DD Developmental Therapy ● Medicaid 	<p>Referrals: 704-852-3516</p>
<p>Freedom Detox</p> <p>Gastonia, NC</p> <p>A stand alone, 16 bed inpatient facility that provides medically-managed detoxification for drugs and alcohol. Care is provided in a clinical setting with private room options available. This clinically driven detox helps individuals get a solid start on the road to recovery.</p> <p>Freedom Detox services include solid discharge planning to ensure each individual is connected to ongoing recovery services.</p>	<p>For more info, to schedule a tour or make a referral please contact Kristine Nutt, LCAS, LCSW: 828-577-2598 Brad Wilkerson: 704-648-8327</p> <p>https://www.freedomdetoxnc.com/</p>

<p>Gaston Adolescent Center</p> <ul style="list-style-type: none"> ● Specialty Services: Child & Adolescent Mental Health Day Treatment ● Medicaid-NC Health Choice 	<p>Referrals: 704-691-7561 Admissions: Ext. 101</p>
<p>Gaston Family Behavioral Health Program</p> <ul style="list-style-type: none"> ● Medicaid-Medicare-Private-Self Pay Anita Lyle, LCSW- Program Director Adult Mental Health and Substance Abuse Individual Therapy ● Anger Management ● Substance Abuse 	<p>Referrals: 704-874-9005</p>
<p>Gihwala and Associates 825 Majestic Court Suit A Gastonia NC Ramesh Gihwala, MD</p> <ul style="list-style-type: none"> ● Adult, Adolescent & Child Mental Health & Substance Abuse Individual Therapy ● Medication Management ● Medicaid-Medicare 	<p>Referrals: 704-853-0173 Fax: 704-853-0535</p>
<p>Hope Psychiatric Gastonia</p> <ul style="list-style-type: none"> ● Adult and Adolescent Mental Health & Substance Abuse Individual Therapy ● Medication Management ● Medicaid-Medicare-Private ● M-Th 8:30-5:00 Friday 8:30-3:00 	<p>Referrals: 704-854-9595 Fax: 704-852-4488</p>
<p>Impact Carolina Services, Inc.</p> <ul style="list-style-type: none"> ● Adult, Adolescent & Child Mental Health & Substance Abuse Individual Therapy and Clinical Assessments ● Medication Management ● Medicaid-Medicare-Private 	<p>Referrals: 704-732-2006 Fax: 704-732-0303</p>
<p>Melange Healthcare Solutions Medical Director: Silvia Luccerini, MD</p> <ul style="list-style-type: none"> ● Specialty Services: Child, Adolescent & Adult Mental Health Intensive in Home ● Medicaid-Medicare-BCBS-Aetna-Self Pay-Tricare 	<p>Referrals: 803-200-2590 Crisis: 704-891-2824 Fax: 704-536-6030</p>

<p>Monarch Behavioral Health 2505 Court Drive, Gastonia, NC 28054 M-F 8am - 5pm</p> <ul style="list-style-type: none"> ● Walk-In ● Intensive In-Home ● Outpatient Therapy & Psych ● Assertive Engagement ● Peer Support ● CST (Community Support Team) 	704-842-6476
<p>Outreach Management Services</p> <ul style="list-style-type: none"> ● Specialty Services: Adult, Adolescent & Child Mental Health & Substance Abuse, Substance Abuse Intensive Outpatient Program, Partial Hospital Program ● Medicaid-Medicare-NC Health Choice-Private-Self Pay 	Referrals: 704-854-9828 Crisis: 704-853-9667
<p>Phoenix Counseling Center</p> <ul style="list-style-type: none"> ● Adult & Adolescent Substance Abuse & Mental Health Individual, family, group therapies ● Substance Abuse Intensive Outpatient DWI assessment/treatment ● Operates:Gaston Recovery Center-16 bed Crisis/Detox facility Cleveland Recovery Center- Locked Crisis/Detox facility Mobile Crisis Service ● Medicaid-IPRS-Private-Self Pay 	Crisis: 855-527-4747 Shelby Outpatient: 704-476-4106 Shelby Crisis Detox: 704-751-3693 Gastonia Outpatient: 704-842-6359 Gastonia Crisis Detox: 704-854-4196 Lincoln: 704-735-7325
<p>Phyllis Walker LCSW</p> <ul style="list-style-type: none"> ● Adult, Adolescent & Child Mental Health Individual Therapy ● Couples & Family Therapy ● Medicaid ● Private Insured 	Referrals: 704-862-0081
<p>Pinnacle Family Services</p> <ul style="list-style-type: none"> ● Specialty Services: Child & Adolescent Mental Health & Substance Abuse, Intensive in Home, Family Centered treatment, Trauma, Juvenile sex offenders ● Medicaid-NC Health Choice ● M-F 8:30-5:00 	Referrals: 704-864-6573 Ext. 200
<p>Pillai Neuro Psychiatric Center</p> <ul style="list-style-type: none"> ● Adult, Adolescent & Child (6y+) Neurology & Mental Health Neurology and Sleep Medicine ● Individual Therapy and Medication Management ● Medicaid-Medicare-Private 	Referrals: 704-853-2330

CaroMont Medical Group

ASHLEY WOMEN'S CENTER

Gastonia

1225 E. Garrison Boulevard
Gastonia, NC 28054-5115
704-865-7416
704-861-5983 (*fax*)

Linda Bibiloni, Practice Administrator
Rick Varterasian, Service Line Director

Joseph R. Holman, MD,
FACOG
Sean M. Lynch, MD
Rachel Miller, MD
Charles A. Peach, MD, FACOG
Colleen Thibaut, DO
Sam Wilcox II, MD
Stephanie A. Gilliam, CNM
Nancy A. Kuney, CNM
Sarah Schubert, CNM

Belmont

1212 Spruce Street, Suite 307
Belmont, NC 28012-3386
704-825-4449; 704-825-4461 (*fax*)

CAROLINAS PLASTIC SURGERY CENTER

2391 Court Drive, Suite 120 B
Gastonia, NC 28054-2196
704-874-0095
704-866-8680 (*fax*)

Tiffany Roper, Practice Manager
David Selby, Director of Clinic Operations

Walter H. Caulfield III, MD

CAROMONT BREAST SURGICAL SPECIALISTS

640 Summit Crossing Place, Suite 203 Kay McClure, Office Manager Paula Lundgren, MD
Gastonia, NC 28054-2104 Rick Varterasian, Service Line Director
704-671-7390
704-671-7396 (fax)

CAROMONT CRITICAL CARE SPECIALISTS

PO Box 1747 Cheryl Yeager, Practice Administrator John Carson, DO
2525 Court Drive Tim Gee, Service Line Director Heath High, MD
Gastonia, NC 28053-1747 Jason Justice, MD
704-834-4390 Christopher Polen, MD
704-834-3274 (fax)

CAROMONT DERMATOLOGY

2391 Court Drive, Suite 120 C Tiffany Roper, Practice Manager Ashley Walker, DO
Gastonia, NC 28054-2196 David Selby, Director of Operations
704-874-0768
704-874-0767 (fax)

CAROMONT FAMILY MEDICINE

Belmont Wendy Brignull, Office Manager Cristian Pantea, MD
209 Park Street, Suite 100 Betty deBree, Director of Clinic M. Jay Petruska, DO
Belmont, NC 28012-5208 Operations Ann Marie Watts, FNP-C
704-825-4750; 704-825-1316 (fax)

Cherryville Selena Barnette, Practice Manager Misty Wright, NP
120 S. Mountain Street Don Albritton, Director Kerry Robinson, FNP-C
Cherryville, NC 28021-3421
704-445-0422; 704-671-7467 (fax)

Gaston Day Sean Mayes, Practice Administrator Crystal Bowe, MD
1895 Hoffman Road, Suite A Kim Voncannon, Director of Clinic Aaron Brown, MD
Gastonia, NC 28054-6557 Operations Todd Hansen, MD
704-865-1749; 704-865-7328 (fax) Kimberly Jordan, MD
Taylor Gulley, LCSW

<p>Gastonia 2711 X-Ray Drive Gastonia, NC 28054-7491 704-834-2420; 704-834-2426 (fax)</p>	<p>Charlene Long, Office Manager Don Albritton, Director of Practice Operations</p>	<p>Manu H. Patel, MD Steve Vacalis, DO Gina Ramsey, FNP-C</p>
<p>Kings Mountain 214 N. Cleveland Avenue Kings Mountain, NC 28086-3106 704-730-1228; 704-730-8181 (fax)</p>	<p>Teresa Whitlock, Office Manager Don Albritton, Director of Clinic Operations</p>	<p>Julia Saluke, MD James "Mitch" Costner, MD Cheryl Gunther, FNP-BC</p>
<p>Lake Wylie 1200 Village Harbor Drive Lake Wylie, SC 29710-9092 803-631-2858; 803-631-2862 (fax) 704-671-7441</p>	<p>Cindy Johnson, Practice Administrator Betty deBree, Director of Clinic Operations</p>	<p>Kendra Richardson, MD Kofi Asiedu, FNP-C Amanda Ivey, FNP-C</p>
<p>McAdenville 105 Elm Street P.O. Box 490 (mailing address) McAdenville, NC 28101-9701 704-824-5323; 704-824-5410 (fax)</p>	<p>Lauren Griffin, Office Manager Don Albritton, Director</p>	<p>Wesley L. Marquand, MD</p>
<p>Shelby (Cleveland) 520 N. Dekalb Street Shelby, NC 28150-4188 704-484-8001; 704-484-2485 (fax)</p>	<p>Selena Barnette, Practice Manager Don Albritton, Director</p>	<p>Christopher Denning, MD Mary Jones, MD Chris Martin, MD Lyndi Forrest, FNP-C Brad Gardner, FNP-C</p>
<p>Stanley 700 N. Main Street Stanley, NC 28164-1438 704-263-8945 704-263-2591 (fax)</p>	<p>Cindy Johnson, Practice Administrator Betty DeBree, Director of Clinic Operations</p>	<p>Dale Rodgers-Morales, MD Fatima Brens, MD Sunny Severance, FNP-C Kyle Brown, PA-C</p>
<p>CAROMONT FAMILY MEDICINE</p>		
<p>Steele Creek 14035 Grandiflora Drive, Suite B Charlotte, NC 28278-8456 704-583-1155; 704-504-2495 (fax)</p>	<p>Alisha Pryor, Practice Manager Betty deBree, Director of Clinic Operations</p>	<p>Leona Miller, MD</p>
<p>GASTON FAMILY MEDICINE</p>		
<p>3845 S. New Hope Road Gastonia, NC 28056-8439 704-824-9119 704-824-9016 (fax)</p>	<p>Gary Jones, Practice Manager Kim Voncannon, Director of Clinic Operations</p>	<p>Kenneth D. Burgess, MD</p>

SOUTH POINT FAMILY PRACTICE**Belmont**

1220 Spruce Street
Belmont, NC 28012-3370
704-825-5333
704-825-1751 (fax)

Myschell Pearson, Director of Clinic
Operations
Courtney Bend, Practice Manager
Misty Amos, Clinical Manager

Andrew Dyksterhouse, MD
David Locklear, MD
Michael McCartney, MD
Sheronda Ogirri, MD
Greg O'Leary, MD
David Rinehart, MD
Caroline Stephens, MD
Brian Wysong, MD
Jessica Kafer, MD
Jonathan Eichorn, DO
Houston Cutshaw, PA-C
Chase Fuller, PA-C

Mt. Holly

112 Woodlawn Avenue
Mt. Holly, NC 28120-1775
704-825-5333
704-825-1751 (fax)

Myschell Pearson, Director of Clinic
Operations

Marty Bradshaw, PA-C
Daphney Tench, NP-C

Stanley

159 E. Dallas Road
Stanley, NC 28164-2052
704-825-5333
704-825-1751 (fax)

Myschell Pearson, Director of Clinic
Operations

Derek Reed, DO
Katie McCurry, PA-C

CAROMONT GASTROENTEROLOGY & HEPATOLOGY

2544 Court Drive, Suite G
Gastonia, NC 28054-3450
704-854-9990
704-854-9045 (fax)

Tia Shaver, Practice Manager
Tim Gee, Service Line Director

William Caddick, MD
Farzad Nowrouzadeh, MD
Chang Oh, MD
Paul Oh, MD
Jessica Calder, AGACNP

Satellite office:**Belmont**

CaroMont Endoscopy Center
1212 Spruce St, 1st floor, Suite 102
Belmont, NC 28012-3386
704-854-9990
704-854-9045 (fax)

CAROMONT HEART & VASCULAR

2555 Court Drive, Suite 200
Gastonia, NC 28054-2178
704-867-2141
704-867-2308 (fax)

Satellite Offices:

Belmont

1212 Spruce Street, Suite 205
Belmont, NC 28012-3386
704-867-2141
704-867-0759 (fax)

Lake Wylie

1200 Village Harbor Dr.
Lake Wylie, NC 29710-9092
704-867-2141
704-867-0759 (fax)

Gina Johnson, Practice Administrator
Dana Gordon, Service Line Director

Ajay Bajwa, MD (Heart)
Harpreet Bhalla, MD (Heart)
Mark Heckel, MD (Heart)
David Major, MD (Heart)
Michael Tamberella, III, MD (Heart)
Mark Thompson, MD (Heart)
Gregory Woo, MD (Heart)
Katie McMahan, PA-C (Heart)
Costa Andreou, MD (Heart)
Anthony R. Arn, MD (Heart)
Jim L. Arter, MD (Heart)
Dustin P. Letts, MD (Heart)
Patrick J. Russo, MD (Heart)
Omer L. Shedd, MD, (Heart)
Laddeus L. Sutton, MD (Heart)
Kelly Bergen, AGACNP-BC (Heart)
Kelly Harris, ACNP-BC (Heart)
Courtney Manion, PA-C (Heart)
Amanda Pritchett, FNP-C (Heart)
Heidi Chappell, AGNP-C (Heart)
Alec Akbarov, MD, (CT)
James Greelish, MD (CT)
Rickmon Logan, PA-C (CT)
Brian O'Connor, PA-C (CT)
Carissa Thomas, PA-C (CT)
Laura Ciaramitaro, ANP (CT)
Paul Kochupura, MD (Vascular)
Robert Zickler, MD (Vascular)
Karis Roper, PA-C (Vascular)
Daniel Robertson, PA-C (Vascular)

CAROMONT HEMATOLOGY & ONCOLOGY

2711 X-Ray Drive
Gastonia, NC 28054
980-834-9600
980-834-9605 (*fax*)

Stephanie Perri, Practice Manager
Rick Varterasian, Director of Clinic
Operations

Eun-mi “Angel” Yu, MD

CAROMONT HOSPITALIST GROUP

2525 Court Drive
P.O. Box 1747
Gastonia, NC
28053-1747
704-834-4390
704-834-3274 (fax)

Cheryl Yeager, Practice
Administrator
Tim Gee, Service Line
Director

Joanne Akong, MD
Rajitha Ambati, MD
Shailaja Amirishetty, MD
Jenna Brown, MD
William Calabria, DO
Ryan Caldwell, MD
Sunny Changappa, MD
Adnan Ekram, MD
Katie Fine, MD
Michael Goeller, DO
Rahma Hassan, MD
Shadi Hijjawi, MD
Rahul Jacob, MD
Tamara Jones, MD
Satheesh Karakula, MD
Danielle Karbowski, MD
Vikrant Khamare, MD
Shaheen Khan, MD
Sunil Kumta, MD
Jeffrey LaCourse, MD
Kwame Larbi-Siaw, MD
Murthy Madduri, MD
Sharmarke Magan, MD
Emad Malak, MD
Lalita Mandavilli, MD
Urvashi Mehta, MD
Noreen Mian, MD
Michael Miller, MD
Ajaykumar Patel, MD
Shiddhi Patel, MD
Maria Peter, MD
Monica Powell, MD
Keerthi Rallapati, MD
Erik Schuls, MD
Ayodeji Shedu, MD
Sandhya Siripuram, MD
Andrew Trifan, MD
Vladislav Valtsis, MD
Yenny Van der Waerden, MD
Phani Vupadhyayula, MD
Cassandra Williams MD
Christina Zanakis, MD (PRN)
Karin Reed, FNP-C
L. Caroline Ingram, PNP
Leslie Thompson, CPNP
Mariela Busheva, FNP-C

CAROMONT INTEGRATED PAIN SPECIALISTS

640 Summit CrossinPlace Suite 200 Gastonia NC 28054 704-671-5400; (fax) 704-671-5420	Teresa Pruett, Director Elizabeth Kiser, Practice Manager Jaime Smith, Director of Clinic Operations	Kirsten D'Amore, MD Sonia Singla, MD Adelle Anthony-Williams, MD Ammar Alamarie, MD James Harris, PA-C Billie Jo Dagenhart, FNP-C
--	--	--

1212 Spruce Street, Suite
305A
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980-834-5762; (fax)
704-825-7189

CAROMONT INTERNAL MEDICINE

1867 Remount Road, Suite D Gastonia, NC 28054-7401 704-854-8799 704-854-8803 (fax)	Terry Saye, Practice Manager Don Albritton, Director of Clinic Operations	Warwick Aiken, III MD Sailatha Bathula, MD Jacqueline Folks, MD Shawnya Gore, MD Francisco Valedon, MD
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**CAROMONT INTERN. SUMMIT
MEDICINE -**

660 Summit Crossing Place, Suite 301 R.W. Digby, MD Gastonia, NC 28054 Rodger Lefler, MD 704-867-0735 Daniel Chevy, MD 704-867-0738 (fax) Lum Nyindem, MD Marion Lewis, FNP	Leticia Cape, Practice Manager Don Albritton, Director of Clinic Operations
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CAROMONT MEDICAL GROUP FLOATERS

209 Park Street, Suite 100 Belmont, NC 28012-5208 704-825-4750; 704-825-1316 (fax)	Cindy Johnson, Practice Administrator Betty deBree, Director of Clinic Operations	Bianca Beyder, PA-C Madison Threkeld, FNP-BC Andrew Kritzer, FNP Kani Smith, FNP-BC Christy Bush, FNP-C
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CAROMONT NEUROLOGY

815 Cox Road
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704-865-7948 (fax)

Landon Woods, Practice
Administrator
Jaime Smith, Director of Clinic
Operations

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Behrouz Zamanifekri, MD
Edward Kellenberger, MD
Singaravelu Jagadeesan, MD
John Davis, PA-C
Amber Sipe, NP-C
Cecily Smith, FNP-BC

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704-865-7948 (fax)

Shelby

520 N. Dekalb St.
Shelby, NC 28150-4117
704-865-1700
704-865-7948 (fax)

CAROMONT NEUROSURGERY & SPINE

811 Cox Rd
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704-852-4456 (fax)

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Treneice London, FNP-C

CAROMONT PALLIATIVE CARE PHYSICIANS

2525 Court Drive
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704-834-3817 (fax)

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Lisa Wilbanks, FNP-C
Leanne King, NP-C

CAROMONT PATHOLOGY

2525 Court Drive
Gastonia NC 28054
704-834-2450
704-834-2815 (fax)

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Chris B. Nguyen, MD
Brian J. Sutton, MD
Steven L. Tracy, MD
Mark J. Whalen, MD

CAROMONT PEDIATRIC PARTNERS**Belmont**

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704-829-0031 (fax)

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Sherry Spargo, PNP-C

Gastonia

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704-671-6307 (fax)

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CAROMONT PERINATAL

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Ramada Smith, MD

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Katherine Barton, PMHNP-E
Noel Treglia, FNP-C
Jennifer Reed, LPC
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Krystle Carrigan, LCSW
Glenna Hedrick, PsyD

CAROMONT PULMONARY MEDICINE

2544 Court Drive, Suite D
Gastonia, NC 28054
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704-864-0288 (fax)

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Carmine Dalto, MD
Rhodenna Arn, FNP
Josh Osborne, AGACNP-C

CAROMONT RHEUMATOLOGY

Gastonia
635 Cox Road, Suite E
Gastonia, NC 28054-3424
704-671-6438; 704-671-6436 (fax)

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Louis Dalessandro, DO

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1212 Spruce Street, Suite 311
Belmont, NC 28012-3386
704-825-5228; 704-825-1766 (fax)

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Rinku Bhatia, MD

CAROMONT SURGICAL ASSOCIATES

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DeMar Neal III, MD
Anthony Raspanti, MD
James Reid III, MD
Graydon Stallard, DO
Farshad Farnejad, MD
Linh O'Connor, MD
Devon Smith, FNP-BC
Kristina Robinson, AGNP-C

CAROMONT URGENT CARE

Dallas
600 West Trade Street, Suite B
Dallas, NC 28034
980-834-9730, 980-834-9735 (fax)

Gary Jones, Practice Manager
Kim Voncannon, Director of Clinic
Operations

Joseph McShea, DO
Leah Guerra, PA-C
**Clinic will not open until
9/4/18*

Gaston Day
1895 Hoffman Road, Suite B
Gastonia, NC 28054-6557
704-861-8669; 704-865-5081 (fax)

Sean Mayes, Practice Administrator
Kim Voncannon, Director of Clinic
Operations

Mark Bechtel, DO
Andrew Mossman, FNP-C
Courtney Turner, PA-C

Steele Creek
14035 Grandiflora Drive, Suite A
Charlotte, NC 28278-8456
704-295-9044
704-295-9046 (fax)

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Betty deBree, Director of Clinic Operations

Pam Pritchett, ARNP-BC
Kao Lor, FNP-C

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Tim Gee, Service Line Director

Randy Marosok, MD
Erin Eliseo, PA-C
Gretchen Caldwell, FNP-C

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Uchechi Iloka, MD
Dorothy Kodzwa, MD
Kimberly Clay, MD
LaDonna Clark, PA-C
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Miriam Holcomb, FNP-C

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Lake Wylie

1200 Village Harbor Drive
Lake Wylie, SC 29710-9092
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GASTON WOMEN'S HEALTHCARE

620 Summit Crossing Place, Suite 108
Gastonia, NC 28054
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Carlos Sicilia, MD

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Tim Gee, Service Line Director

Harish Marisiddaiah, MD
Abhijeet Nadkarni, MD
Mark Nesky, MD
Melissa Loos Mathis, PA-C
Jasmine Stone, PA-C

THE HAND CENTER OF THE CAROLINAS

2391 Court Drive, Suite 120 A
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Tiffany Roper, Practice Manager
David Selby, Director of Clinic Operations

Kathryn A. Caulfield, MD
Parag M. Phadke, MD
Joy M. Hays, OTR/L

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704-671-5331 (fax)

Billing Address

CaroMont Medical Group
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Atlanta, GA 30353-1797

Dr. Costa Andreou

EVP & Chief Medical Officer, CMG
704-834-3659 (o); 704-975-2220 (c)

Ryan Campbell

VP of Operations, CMG
704-834-2683 (o); 704-685-0920 (c)

Angela Bryant, Director

CMG Operational Finance
980-834-9090 (o); 803-554-1317 (c)

Ellen Austin

Administrative Assistant
704-834-2754 (o)

Betty deBree, Director

Primary Care, Region III
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David Selby, Director

CSA, GSA, Hand/Plastics/Dermatology
704-834-5198 (o); 704-860-6021(c)

Donald Albritton, Director

Primary Care, Region II
704-671-5310 (o); 917-805-2249 (c)

Craig Greer, Director

Primary Care & Behavioral Health
704-671-7964 (o); 704-914-8038 (c)

Jaime Smith, Director

CaroMont Neurology, CaroMont Neurosurgery,
Pain, Endo Assoc.
704-671-5796 (o); 704-813-3781 (c)

Rodney Wallace, Director

Provider Recruitment
704-671-5480 (o); 704-813-2369 (c)

Kim Voncannon, Director

Primary Care, CFM / CUC Gaston Day
704-671-5336 (o); 704-868-6210 (c)

Lauren Wright, Director

Primary Care Service Line / CMG Quality Dep
704-671-5325 (o); 704-813-3073 (c)

Myschell Pearson, Director

SPFP (Belmont, Mt. Holly, Stanley)
980-834-5152 (o); 828-443-6975 (c)

Celia Billings, Manager

Provider Recruitment
704-834-3594 (o); 704-616-0950 (c)

Kristy Kelly, Manager CMG Financial Services 704-671-6977 (o)	Emily Parker, Manager CMG Business Services 704-671-5319 (o)
Moni Spadaccini, Admin Asst Caromont Medical Group 704-671-5303 (o); 704-692-7287 (c)	Janet Johns, Recruitment Asst Caromont Health 704-834-2135 (o); 704-616-3742 (c)



CASE MANAGEMENT SERVICES

<p>Care Solutions 208 E. Grover St., Shelby, NC Access and coordination of care for elderly and disabled persons.</p>	<p>704-487-0968</p>
<p>DSS Assistance for adults living at home. CAP, meals, adult day care, in-home aide services, SA in (medicaid program)</p>	<p>704-862-7540</p>
<p>Footprints Carolina Cleveland County 124 S. Post Rd., Shelby, NC</p> <p>Gaston County 020 Remount Rd., Gastonia, NC</p> <p>Lincoln County 1228 N. Flint St., Lincolnton, NC Offering individual and family centered case management services</p>	<p>704-480-6641 (Cleveland County)</p> <p>704-884-2500 (Gaston County)</p> <p>704-735-5633 (Lincoln County)</p>
<p>Life Enrichment Center of Cleveland County 103 TR Harris Rd., Shelby, NC Cost effective day center for adults with physical and mental disabilities</p>	<p>704-484-0405</p>
<p>North Carolina Council on Developmental Disabilities 3801 Lake Boone Trl., Ste.250, Raleigh, NC</p>	<p>919-420-7901 or 800-357-6916</p>
<p>North Carolina Housing Coalition 118 St. Mary's St., Raleigh, NC 27605</p>	<p>919-881-0707</p>

Pathways/Partners Mental Health -- Developmental Disabilities 24 hrs/7 days 917 First St., Shelby, NC Provides emergency services to those experiencing a psychiatric, emotional or behavioral crisis.	704-476-4004
Pathways/Partners Mental Health Services 901 S. New Hope Rd., Gastonia, NC 28054 Administration Case Management Crisis Intervention Line A public support agency that supports, monitors, screens. and refers for mental health, substance abuse and developmental disabilities	704-884-2505 800-898-5898 800-898-5898 www.pathmhdds.org

Children's Services

A Place to Grow 410 N. Poplar St., Lincolnton, NC <ul style="list-style-type: none"> ● Childcare for children with disabilities 	704-732-1745
Alexander Youth Network 6220 Thermal Rd., Charlotte, NC <ul style="list-style-type: none"> ● Children's behavioral healthcare services for ages 5 - 18. 	704-366-8712
Alliance for Children & Youth 218 East Franklin Blvd., Gastonia <ul style="list-style-type: none"> ● Dropout Prevention 	704-867-3512
ARC of Gaston County 200 East Franklin Blvd., Gastonia, NC 28054 <ul style="list-style-type: none"> ● Developmental Services Agency is the primary contact for early intervention services for children birth to 3 years old. 	704-861-1036
Bessemer City Boys & Girls Club 401 East Washington Avenue, Bessemer City, NC 28016 PO Box 12222, Bessemer City, NC 28016 <ul style="list-style-type: none"> ● After School care. 	704-629-5663
Boys & Girls Club of Cleveland Co. 412 W Sumter St, Shelby, NC <ul style="list-style-type: none"> ● Summer day camp & after school for ages 5 – 12. 	704-482-3258
Boys & Girls Club of Greater Gaston 310 S Boyd Street, Gastonia 223 N Morris St., Gastonia	704-864-6171 704-864-5681 704-864-2211

8AM- 5 PM <ul style="list-style-type: none"> • Afterschool & summer care. 	
Child Care Connection 5 E Marion St, Shelby, NC <ul style="list-style-type: none"> • Information and referral for child care. 	704-487-7397
Children's Advocacy Network 1552 Union Rd., Gastonia, NC <ul style="list-style-type: none"> • Services for children with mental health and developmental disabilities. 	704-833-0154
Children's Home of Cleveland Co. 425 Cherryville Rd, Shelby, NC <ul style="list-style-type: none"> • Residential care for abused and neglected children. 	704-484-2558 704-484-0949
Cleveland Co. Partnership for Children 312 W Marion St, Shelby, NC <ul style="list-style-type: none"> • Smart Start Program birth to 5 years. 	704-480-5620
Cleveland County Head Start 105 Ridge St, Kings Mtn, NC <ul style="list-style-type: none"> • Developmental Services for preschool children & their families. 	704-476-8180
Council for Children's Rights 601 E. 5th Street, Suite 510, Charlotte, NC <ul style="list-style-type: none"> • Legal Representation 	704-372-7961
Deaton Street Head Start 101 Deaton Ave , Lincolnton, NC <ul style="list-style-type: none"> • Preschool program for ages 3 to 5 	704-732-3201
First Baptist Cramerton 235 8th Avenue, Cramerton, NC <ul style="list-style-type: none"> • Workshops for Children 	704-824-1991
Gaston Co. Schools Homeless Children Advocacy	704-866-6251
Gaston College 201 Hwy. 321, Dallas, NC 28034 8 AM- 5 PM <ul style="list-style-type: none"> • Childcare for ages 2-5, funds for enrolled students. 	704-922-6200
Gaston Community Action - Total Family Service	

<p>124 East Main Street, Lincolnton, NC 28092</p> <ul style="list-style-type: none"> • Preschool 3 & 4 year olds. 	704-748-9744
<p>Gaston Community Action, Inc 332 S. York St., Gastonia, NC 28052 223 N. Morris St., Gastonia, NC 8:30 AM/ 5 PM</p> <ul style="list-style-type: none"> • Preschool 3 & 4 year olds. 	704-861-2283 704-866-8721
<p>Gaston County Health Dept.(WIC) 991 Hudson Blvd., Gastonia, NC 28052 8 AM- 5 PM</p> <ul style="list-style-type: none"> • Prenatal and after care, nutrition and food supplements. <p>Teen Wellness Center Ages 12 - 19</p> <ul style="list-style-type: none"> • Physicals, Sports Physicals, Immunization, Birth Control & Pregnancy Testing, STD Testing, Teen Advocate to answer healthcare questions. 	704-853-5113 - WIC 704-853-5009
<p>Gaston County Schools - Dept. for Exceptional Children 215 West Third Ave., Gastonia, NC</p> <ul style="list-style-type: none"> • Developmental evaluations and services 	704-866-6160
<p>Gaston County YMCA 615 West Franklin Blvd., Gastonia, NC 7AM - 6PM</p> <ul style="list-style-type: none"> • After School & Summer Care, Scholarships available. 	704-865-8551
<p>Gaston Youth Works 330 Dr. Martin Luther King Jr Way, Gastonia, NC</p> <ul style="list-style-type: none"> • Education Services for youth 16 - 21 	704-862-7525
<p>Junior Charity League of Shelby PO Box 1324, Shelby, NC</p> <ul style="list-style-type: none"> • Clothing for when referred by a school social worker. 	704-477-6044

Lincoln County YMCA 1402 E. Gaston St., Lincolnton, NC <ul style="list-style-type: none"> • Before and after school care 	704-748-9311
Lincoln Park Head Start 140 Industrial Park Rd , Lincolnton, NC 28092 Preschool program for ages 3 to 5	704-732-1216
Loray Group Home 104 S. Firestone St., Gastonia, NC <ul style="list-style-type: none"> • Girls 12 - 18 in foster care for abuse. 	704-864-2863
NC Cooperative Extension Service <ul style="list-style-type: none"> • Parent info on parenting for children 0-5 • Nutrition Program • Budgeting & meal planning on a limited income. 	704-922-2111
Office of School Readiness 308 W. Marion St., Shelby, NC <ul style="list-style-type: none"> • Administers the preschool program for the Cleveland County School System 	
Oaklawn Head Start Program 410 Linden St, Lincolnton, NC <ul style="list-style-type: none"> • Childcare ages 3 and 4 	704-735-4702
Parents as Teachers 327 – A Market St, Shelby, NC <ul style="list-style-type: none"> • Education & training for parents of preschoolers. 	704-480-5591
Partners Behavioral Health Management 901 S. New Hope Road, Gastonia, NC <ul style="list-style-type: none"> • Manages Mental Health (MH), Substance Abuse (SA) & Intellectual/Developmental Disability (I/DD) services for Gaston & Lincoln County residents who are enrolled in Medicaid or qualify for state funding. Call Access to Care Line: 1-888-235-4673 24 hrs a day/7 days a week if someone is experiencing a crisis or needs MH, SA, or IDD services. 	1-877-864-1454
Prevent Child Abuse Gaston 2020 Remount Rd., Suite G - 100, Gastonia, NC	704-689-2247
Success by Six <ul style="list-style-type: none"> • Sponsored by the United Way to prepare children under 5 for school. 	704-864-4554
Support, Inc <ul style="list-style-type: none"> • 175 West Franklin Blvd., Gastonia, NC 	704-865-3525

<ul style="list-style-type: none"> • School based therapy program or intensive in-home , med mgmt, outpatient therapy 	
The Center of Hope Boys & Girls Club 534 Spratt St, Charlotte, NC <ul style="list-style-type: none"> • After school program for homeless shelter residents. 	704-348-2560
The Salvation Army Boys & Girls Club 715 N Main Street, Lowell, NC 28098 After 2PM- 6PM <ul style="list-style-type: none"> • school and summer care ages 5 - 12. 	704-824-4773
With Friends, Inc. 2098 Keith Drive, Gastonia, NC Services for homeless youth. Tutoring and academic testing	704-691-7116
YMCA <ul style="list-style-type: none"> • Central Branch • Cherryville Branch • Pharr Branch • South Gaston Branch • Stowe Branch 	704-865-8551 704-445-9622 704-824-1131 704-865-2193 704-822-9622

COUNSELING

Carolina Center for Counseling 2505 Court Drive, Gastonia, NC 28054	704-867-4411
Cleveland County Council on Aging 100 TR Harris Drive, Shelby, NC Referral, case assistance, housing counseling and placement	704-482-3488
Cleveland County Council on Aging Senior Center 408 E. Marion St., Shelby, NC Provides housing counseling, info, referrals and placement	704-482-3488
Coldwater Counseling Outpatient Therapy	704-765-2059
Gaston County Department of Social Services 330 N. Marietta St., Gastonia, NC 28052 Provides emergency assistance	704-862-7500
Gaston Hospice Dallas, NC Provides advanced directives clinic, support groups, grief and individual counseling for adults and children and an annual grief camp for children and their families.	704-922-4211

New Hope Counseling Center for Grief and Loss Gaston Hospice 258 E. Garrison Blvd., Gastonia, NC 28054 Provides support for those who are grieving or who have experienced the death of a loved one.	704-861-8405
Gaston Hospice Bereavement Services <ul style="list-style-type: none"> • Understanding grief after loss • Widowed Person's Lunch Bunch 	Phone:704-861-8405 Fax:: 704-865-0590
Hospice Cleveland County <ul style="list-style-type: none"> • Reflections Support Group • Monthly Memory Bear Workshop 	
Life Enrichment Center of Cleveland Co. 103 TR Harris Rd, Shelby, NC <ul style="list-style-type: none"> • Cost effective day center for adults with physical & mental disabilities. 	704-484-0405
National Coalition for the Homeless 2201 P St NW, Washington, DC 20037 <ul style="list-style-type: none"> • A National Homeless network of people who are currently experiencing or who have experienced homelessness, activists and advocates, community-based & faith-based service providers committed to a single mission. The mission is to end homelessness 	202-462-4822
NC Council on Developmental Disabilities 3801 Lake Boone Trl., Ste 250, Raleigh, NC	919-420-7901 or 800-357-6916
New Hope Counseling and Wellness	704-208-1865
North Carolina Housing Coalition 118 St. Mary's St., Raleigh, NC 27605	919-881-0707
Pathways Mental Health Services 901 S. New Hope Rd., Gastonia, NC 28054 www.pathmhdds.org	

<ul style="list-style-type: none"> • Administration • Case Management • Crisis Intervention Line • A public support agency that supports, monitors, screens and refers for mental health, substance abuse & developmental disabilities 	704-884-2505 800-898-5898 800-898-5898
<p>Reality Concepts Holy Trinity Lutheran Church 805 S. York St, Gastonia, NC</p> <ul style="list-style-type: none"> • Helping income disadvantaged women move towards financial independence, empowering them on conflict resolution, communication skills and real life concepts. 	704-864-0444
<p>Stroke and Brain Injury Support Group</p> <ul style="list-style-type: none"> • 2nd Tuesday of every month. 	704-671-5738
<p>True Behavioral Healthcare 2505 Court Dr., Gastonia, NC 28054</p> <ul style="list-style-type: none"> • Psychiatric, case management, therapy, vocational rehabilitation, psychosocial rehabilitation, and residential services to adults and children with mental health, substance abuse, and developmental disability needs. 	704-854-4840
<p>TOY Gaston LGBTQ Youth age 13-20 3rd Tuesday of each month at St. Mark's Episcopal Church 258 W. Franklin Blvd., Gastonia, NC</p>	704-344-8335

DME

Accucare Home Medical Supply	704-448-0011
Advanced Home Care	704-831-5000
Advanced Prosthetics <ul style="list-style-type: none">• Orthotic and Prosthetic	704-671-2061
Affordable Medical <ul style="list-style-type: none">• Specializing in home delivery of: urological, incontinence, diabetes supplies, skin & wound care, ostomy	888-991-9945 www.mycaths.com
American Health Services	704-824-5144
American Home Patient	704-823-7670
Apria Healthcare	704-329-0523
Blue Dot Medical	704-344-0700
Fresh Air <ul style="list-style-type: none">• Respiratory care and supplies	704-868-8881

Houser Drug Diabetic supplies and shoes, Lift chairs, Equipment	704-435-6011
Diabetic Supply of Graco	704-824-6000
HomeTown Oxygen	704-854-3802
LINCARE Lumiere Medical Ministry 510 W. 1st St, Suite 102, Lowell, NC Mon-Thurs 8am - 4:30pm Best to call first to see if they have what you need	704-866-9797 704-823-0271 Marie 704-898-5180 Steve Nelson www.lumiereministries.com

Education & Job Training

Cleveland Community College 137 S. Post Rd, Shelby, NC <ul style="list-style-type: none"> • Adult Literacy • Adult High School & GED Prep • English as a 2nd Language 	704-484-4000
Employment Security Commission 529 N. Aspen St, Lincolnton, NC 28092 Assistance in recruitment, employment, testing, counseling and training 8am-4:30 pm Mon-Fri	704-735-8035
Gaston College 201 Highway 321 South Dallas, NC 28034 Instruction in Adult Basic Education, Adult High School, GED Prep, and English as a Second Language	704-922-6548 704-922-6545

Gaston Literacy Council, Inc. 116 S. Marietta St., Gastonia, NC 9 – 6 Mon-Thurs, 9a – 1p Fri GED Prep, English as a 2nd language, reading skills, Citizenship, Readiness Certification (CRC)	704-868-4815
Employment Security Comm./Joblink 1391 Bessemer City Rd., Gastonia, NC 28052 8:30 AM - 5 PM <ul style="list-style-type: none"> Assistance in recruitment, employment, testing, counseling & training 	704-853-5328
Employment Security Commission 404 E Marion St, Shelby, NC 8:30 AM - 5 PM <ul style="list-style-type: none"> Assistance in recruitment, employment, testing, counseling & training 	704-480-5414
Gaston County DSS Work First Program 330 N. Marietta Street, Gastonia, NC 28052 <ul style="list-style-type: none"> Job Placement Services 	704-862-7525
Gaston Community Action 827 S. Washington St, Shelby, NC <ul style="list-style-type: none"> Job placement and income tax prep. 	704-480-0722
Goodwill Job Connection 412 S. Broad Street, Gastonia, NC 28052 8 AM - 4:30 PM <ul style="list-style-type: none"> Job training and employment services, job search, computer classes, resume preparation. 	704-916-1610
Goodwill Job Connection 510 Vaughn Way, Lincolnton, NC	704-732-6844

Emergency Housing

Temporary alternative to unsafe living conditions until permanent housing is reached.

Alternative Community Penalties/Cornerstone Christian Center 325 Dr. Martin Luther King Jr Way, Gastonia <ul style="list-style-type: none"> Working with offenders assigned to the court & ex offenders with residential placement. 	704-867-8749
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Amy's House Lincolnton, NC Emergency Shelter for Women & Children of domestic abuse	704-736-1224
Charlotte Emergency Housing 2410 The Plz , Charlotte, NC	704-335-5488
Charlotte Rescue Mission (For Men) 6321 Albemarle Rd, Charlotte, NC	704-566-9984
Cleveland Co. Abuse Prevention Council PO Box 2589, Shelby, NC 28151 Lighthouse Shelter - homeless women & children. Beacon Shelter - homeless men	704-481-0043
Cleveland County Rescue Mission P.O. Box 1271, Shelby, NC Shelter for homeless men	704-481-1889 704-481-1033
Discovery Home Care 2429 Lynn Dr., Gastonia, NC 28054	704-854-9351
Emergency Men's Winter Shelter 3410 Statesville Ave, Charlotte, NC	704-333-2608
Grace of God Rescue Mission 529 W Main St, Forest City, NC Temporary shelter for men and women.	828-245-9532
Hessed House of Hope 116 E. Main Street (Gazdek building) Lincolnton, NC 28092 Intake hrs. 5:30 -6:15 PM 7 days week Nov. – April only	704-740-5389
Men's Shelter of Charlotte 1210 North Tryon Street, Charlotte, NC	704-334-3187
Relatives Crisis Shelter 1100 East Blvd # 460, Charlotte, NC	704-377-0602
Shelter For Battered Women Charlotte, NC 28222	704-332-2513

Shelter For Battered Women Gastonia, NC	704-922-8677
South Mountain Children's Home 7330 Myrtle Dr, Nebo, NC Offers care for abused, neglected & dependent children.	828-584-1105
The Salvation Army 107 S. Broad Street, Gastonia, NC 28052 24 hours/7 days <ul style="list-style-type: none"> Emergency shelter for men, women and families. 	704-867-6145
The Salvation Army Center of Hope for Women & Children 534 Spratt Street, Charlotte, NC	704-522-4970
Uptown Day Shelter 1210 North Tryon St., Charlotte, NC	704-334-3187
With Friends Youth Shelter 2098 Keith Drive, Gastonia, NC 28053 24 hours/7 days	704-691-7116

EX OFFENDER RESOURCES

Alternative Community Penalties - Gaston County Courthouse 325 Dr. Martin Luther King Jr Way, Gastonia Gastonia, NC 28053 <ul style="list-style-type: none"> Provides information, assessment, linkage, and services to individuals assigned by the courts. Services include education, employment, treatment, and counseling. 	704-867-8749
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GOVERNMENT SERVICES

DHHS/Adult & Aging Services

330 Martin Luther King Blvd., Gastonia, NC 28054

Nutrition and Family Caregiver

704-862-7540

DHHS/Adult Services

330 Martin Luther King Blvd., Gastonia, NC 28054

- Medicaid
- Food Stamps
- Non-aging services

704-862-7500

Gaston County Access Transportation

816 W. Mauney Ave., Gastonia, NC 28052

Transportation Services

704-866-3200 (#9)

Gaston County Department of Health & Human Services

991 W. Hudson Blvd., Gastonia, NC 28052

Psychosocial counseling, health services counseling

704-853-5165

IRS

Tax and CASH Program

Social Security Administration

609 Cotton Blossom Circle, Gastonia, NC 28054

Disability, Medicare, Social Security

704-867-9788

Veteran Services

See Veteran Services section

HEALTH EDUCATION CLASSES

Alzheimer's Association <ul style="list-style-type: none">● Dementia Education● Information on Dementia Medications● Caregiver Education	1-800-272-3900
American Heart Association 222 South Charlotte St., Suite 303 Charlotte, NC 28202 <ul style="list-style-type: none">● CPR classes● Heart education	704-374-0632
American Red Cross 190 South Oakland Street Gastonia, NC 28052	704-864-2623

<ul style="list-style-type: none"> ● CPR classes 	
<p>Cancer Services of Gaston County 220 East Franklin Blvd Gastonia, NC 28052</p>	704-864-1271
<p>Caromont Regional Medical Center</p> <ul style="list-style-type: none"> ● Pulmonary Rehab If you have COPD, Asthma, Bronchitis or other lung disease, it is important to know how to cope with and control breathing problems . 30 minute class, Wednesdays @ 11am, in the Holly Room ● Winning Weighs for Women A 12-week wellness program, with weekly lifestyle lessons and group exercise to give women the tools to be a Healthier Woman! ● Jump Start The Jump Start weight management program is a 12-week program that uses weekly lifestyle lessons, group exercise and group discussion to help you set and achieve realistic weight loss goals. ● P.R.I.D.E: (Power to Recover through Individualized Development and Exercise) An 8-week cancer wellness program designed to assist in managing the physical, social and psychological side effects of cancer treatment for survivors during treatment or recovery phases. Participants receive an individualized exercise program that consists of cardiovascular, strength and flexibility exercises to improve recovery and increase physical stamina. ● Phase III For graduates of our Cardiac and Pulmonary Rehab programs, this 6-week continuum of care opportunity allows for patients to achieve further gains in health as they transition to independence in the Fitness Center. ● Nutrition Consultation Our Dietitian can perform nutritional analysis and provide meal planning idea as well as healthy eating recommendations. Insurance benefits will be verified. ● Quit Smart This three-session program combines personalized coaching, relaxation tools and a self help kit to help individuals stop the use of tobacco products for good. ● Exercise is Medicine (Medical Referral) Available to anyone who wishes to reduce the number and/or severity of risk factors associated with chronic disease. This discounted 3-month supervised exercise program is by physician referral only and includes a review of health history, pre & post fitness assessments, a customized exercise plan and equipment orientation. 	704-834-2000 Free 704-671-7932

<ul style="list-style-type: none"> ● Personal Training Our Certified Trainers will work with you to develop and supervise an effective exercise program that meets your health goals and needs. No matter what your current fitness level is, we are here to help. There are several packages to choose from. ● Golf Fitness Academy This 1-on-1 customized program will help golfers identify and correct the musculoskeletal deficiencies and imbalances that are impacting their swing mechanics and playing performance. As a result, swing efficiency will be enhanced, distance increased and injury triggers eliminated or reduced. Better your body to better your swing and game. ● Low Back Exercise Class Everyone will experience some type of low back discomfort in their lifetime and often times the mechanism for injury is overlooked. This 5-week class will address those mechanisms through a progressive exercise program that focuses on the muscles associated with low back stability. ● Teen Fitness Certification Teens are just not getting the right amount of physical activity these days and because of that many are deconditioned and overweight. This can impact their health now and for the rest of their lives. The Teen Fitness Certification will start your child off on the right track and set the stage for a more healthier, productive future. Your son or daughter will be able to join and independently use the Fitness Center once they successfully complete the 5-session program. 	
<p>Centralina Area Agency on Aging</p> <ul style="list-style-type: none"> ● Healthy Aging Education 	704-372-2416
<p>Diabetes Education Empowerment Program (DEEP)</p> <ul style="list-style-type: none"> ● Free program for medicare beneficiaries ● Evidence-based ; 2 hrs/week for 6 weeks ● Offered by Alliant Quality 	919-745-4729
<p>Gaston Family Health Services</p> <p>991 West Hudson Boulevard, Gastonia, NC 28052</p> <ul style="list-style-type: none"> ● Breastfeeding Education ● Nutrition Education ● Family Planning Education ● General Health Education 	704-853-5079
<p>Gaston Hospice</p> <p>258 East Garrison Boulevard</p>	704-861-8405

<p>Gastonia, NC 28054</p> <ul style="list-style-type: none"> ● End of life education ● Caregiver support ● Caregiver Education 	
<p>Heart Society of Gaston County</p> <p>220 East Franklin Boulevard, Gastonia, NC 28052</p> <ul style="list-style-type: none"> ● Heart Education ● General Health Education 	704-865-1214
<p>Partners Training Academy</p> <p>901 South New Hope Road, Gastonia, NC 28054</p> <ul style="list-style-type: none"> ● Mental Health Education ● Suicide Prevention Classes ● Child Abuse Prevention Education ● Geriatric Mental Health ● Dementia Education ● Mental Health First Aid ● Wellness Recovery Action Plan ● Crisis Intervention Team Training ● Child and Family Team Training 	<p>704-884-2669</p> <p>1-888-235-4673</p> <p>https://partnerstraining.com/community-training/</p>

HIV/AIDS Resources

<p>ALFA</p> <p>Free HIV Counseling, testing, and referrals for Lincoln County Residents</p>	828-322-1447
<p>Carolinas Care Partnership</p> <p>5855 Executive Center Drive, Suite 101, Charlotte, NC</p> <ul style="list-style-type: none"> ● HIV Prevention/ Interventions, HIV Counseling and Testing, Housing and Supportive Services 	704-531-2467
<p>Cleveland County Health Department</p> <p>315 E. Grover St., Shelby, NC 28150</p> <ul style="list-style-type: none"> ● HIV/AIDS Case management 	704-484-5100
<p>Gaston County Health Dept. / AIDS Council</p> <p>991 Hudson Blvd, Gastonia, NC</p> <ul style="list-style-type: none"> ● AID & HIV / Sexual Transmitted disease testing 	704-853-5002
<p>Gaston Family Health Services</p> <p>991 W. Hudson Blvd., Gastonia 28052</p> <ul style="list-style-type: none"> ● HIV/AIDS Case Management Services 	<p>704-862-5333</p> <p>704-862-5357</p>

Hospice of Gaston County 258 E. Garrison Blvd., Gastonia Hours: 8:30 AM - 5 PM <ul style="list-style-type: none"> ● AWARE- HIV/AIDS Management 	704-861-8405
House of Mercy PO Box 808, Belmont, NC <ul style="list-style-type: none"> ● Provides residential & medical care for persons with AIDS. 	704-825-8832
Lincoln County Health Department 151 Sigmon Rd., Lincolnton, NC <ul style="list-style-type: none"> ● AIDS & HIV/ Sexual Transmitted Disease testing 	704-735-3001
My Shepherd's Den Home Health Care	704-822-0748
RAIN, INC 601 E. 5th St, Suite 470, Charlotte, NC	704-372-RAIN (7246)

Home Health

Advanced Home Care Skilled Home Health Services <ul style="list-style-type: none"> ● Accepts Medicaid and or Medicare. 	704-864-1030
Amedisys-Emerald Care Skilled Home Health Services <ul style="list-style-type: none"> ● Accepts Medicaid and or Medicare. 	704-867-1141
Bayada Skilled and non-skilled Home Health Services <ul style="list-style-type: none"> ● Accepts Medicaid and or Medicare. 	704-864-1131

Brookdale Home Health of Charlotte Skilled Home Health Services <ul style="list-style-type: none"> • Accepts Medicaid and or Medicare. 	704-921-2051
Healthy at Home Skilled Home Health Services <ul style="list-style-type: none"> • Healthy at Home- Charlotte - Part of Gaston, Lincoln, Mecklenburg • Healthy at Home- Cleveland County - Cleveland, Rutherford, Burke, Lincoln • Healthy at Home Lincoln - Lincoln, Gaston, Catawba, <i>Cleveland Accepts Medicaid and or Medicare.</i>	704-355-2000 704-487-5225 704-732-0943
Interim Health Care Skilled Home Health Services <ul style="list-style-type: none"> • Accepts Medicaid and or Medicare. 	704-861-1156
Kindred at Home formerly Gentiva Skilled Home Health Services <ul style="list-style-type: none"> • Accepts Medicaid and or Medicare. 	704-824-7099 Gaston 704-736-4570 Lincoln
Liberty Home Care Skilled Home Health Services <ul style="list-style-type: none"> • Accepts Medicaid and or Medicare. PACE/Senior TLC	704-940-8389 704-874-0600

Home Programs & Assistance

AmRamp 901 Tresanton Dr., Charlotte, NC 28201	888-715-7598
Baptist Aging Ministries Assistance with building home ramp for wheelchair accessibility	877-506-2226
Carolina Cross Connections Assistance with building home ramps for wheelchair accessibility	704-721-0033

City Of Gastonia Community Development Health & Safety Repairs Home Energy Saver Program Handicap Accessibility Program Water & Sewer Assist Program	704-866-6758
Gaston Community Action 827 S. Washington St, Shelby, NC Home weatherization.	704-480-0722
Habitat for Humanity of Gaston County P.O. Box 1584, Gastonia, NC 28053 Building houses in partnership with people in need.	704-864-6536
Homeownership Incentive Program	704-869-1938
HUD Housing Coalition 1500 Pinecroft Rd, Greensboro, NC	336-547-4000 x 2047 336- 691-9521
Linked Economic Development & Affordable Housing 123 N. Main St., Belmont, NC 28012	704-825-8868
USDA Rural Service Center 844 Wallace Grove Rd, Shelby, NC 28150 8 AM- 5 PM <ul style="list-style-type: none"> ● Provide subsidized loans for home ownership to eligible, qualified low-income households. 	704-471-0235

HOSPICE

Gaston County Gaston Hospice <ul style="list-style-type: none"> ● Pain and symptom management ● Assistance with financial and legal issues ● Emotional and spiritual support ● certified nursing ● volunteers to help provide companionship and run errands ● medication, equipment and supplies ● Grief support for loved ones ● Services provided in a long term care facility, in the hospital, or in the Robin Johnson House, Dallas NC (5005 Shepherd's Way, Dallas, NC...704-922-4211) 	704-861-8405
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<p>Lincoln County</p> <ul style="list-style-type: none"> ● Pain and symptom management ● Assistance with financial and legal issues ● Emotional and spiritual support ● certified nursing ● volunteers to help provide companionship and run errands ● medication, equipment and supplies ● Grief support for loved ones ● Services provided in a long term care facility or in the hospital <p>Palliative Medicine Consultants 107 North Cedar Street Lincolnton, NC 28092</p> <ul style="list-style-type: none"> ● Provides palliative medicine in hospital intensive care unit, home, or skilled nursing facility settings 	704-732-6146
<p>Hospice and Palliative Care, Charlotte Region</p> <p>900 Dontia Dr Lincolnton NC 28092</p>	704-375-0100
<p>Cleveland County</p> <ul style="list-style-type: none"> ● Pain and symptom management ● Assistance with financial and legal issues ● Emotional and spiritual support ● certified nursing aides ● volunteers to help provide companionship and run errands ● medication, equipment and supplies ● Grief support for loved ones ● Services provided in homes, long term care facility, in the hospital, or in the Testa Family Hospice House, Kings Mountain or Wendover Hospice House, Shelby 	704-487-4677
<p>Testa Family Hospice House</p> <p>321 Kings Mountain Blvd. Kings Mtn. NC 28086</p>	704-751-3918
<p>Wendover Hospice House</p> <p>953 Wendover Heights Drive Shelby NC 28150</p>	704-487-7018
<p>Palliative Care Cleveland County</p>	704-487-4678

951 Wendover Heights Drive Shelby NC 28050 <ul style="list-style-type: none"> • symptom management 	
Novant Health- Hospice 324 N Mcdowell Street Charlotte, NC 280204 <ul style="list-style-type: none"> • Provides palliative care consults in the home, assisted living and skilled nursing settings 	704-384-6478
Palliative Care and Hospice of Catawba Valley Inc 2967 Robinson Road Newton NC 28658	828-466-0466

Hospitals

CaroMont Regional Medical Center (formerly Gaston Memorial Hospital)	704-824-2000
Atrium Health-Charlotte Main	704-355-2000
Atrium Health-Pineville	704-667-1000
Atrium Health-Kings Mountain	980-487-5000
Atrium Health-Lincolnton	980-212-2000

Atrium Health-Shelby	980-487-3000
Novant Health Presbyterian Medical Center-Charlotte	704-384-4000
Novant Health Huntersville Medical Center	704-316-4000
Piedmont Medical Center-Rock Hill	803-329-1234

Legal Aid & Money Management

Highland Family Resource Center 1305 N. Weldon St., Gastonia, NC 28052 8:30 - 5 PM <ul style="list-style-type: none"> • Job development, computer, money management classes. 	704-866-9552
Mountain View Resource Ctr. 425 Edwin St, Gastonia, NC <ul style="list-style-type: none"> • Job development, computer, money management classes 	704-864-1912
Legal Aid of NC 211 E Union St, Morganton, NC <ul style="list-style-type: none"> • Free legal help for low income & elderly for health, housing, domestic violence, employment issues, government benefits. 	828-437-8280 800-849-5195

<p>Legal Aid of NC - Gastonia Office 111 E. Third Ave., Ste. 200, Gastonia, NC 8:30 AM- 5 PM</p> <ul style="list-style-type: none"> • Legal representation for domestic violence, public benefits, landlord tenant affairs, consumer affairs, bankruptcy & unemployment compensation cases, battered immigrants. 	704-865-2357
<p>Liberty Home Equity Solutions</p>	704-576-4830
<p>National Cancer Legal Services Network (NCLSN)</p> <ul style="list-style-type: none"> • Find a directory of organizations that provide free legal help for people and families affected by cancer. 	www.nclsn.org
<p>Thompson Financial Group 3420 Toringdon Way, Suite 100 Charlotte, NC 28277</p>	704-860-0784

Meal Assistance

<p>Belmont Community Organization (BCO) 91 E. Catawba St., Belmont, NC 28012</p> <ul style="list-style-type: none"> • Hours: 9am-1pm • Food, clothing, medicine, rent, electric/gas bill, household items 	704-825-4526
<p>Bessemer City Crisis Center 111 N. 12th St., Bessemer City, NC 28016</p> <ul style="list-style-type: none"> • Tues 1pm-4pm, Wed 10am-2pm, Thurs 9am-12pm • Closed Monday and Friday • Food, rental assistance, utilities, medicine, fuel, clothing 	704-629-2147
<p>Bessemer City Meal Site (Parks & Recreation) 220 South 14th Street Bessemer City, NC 28016</p>	704-629-5111

<p>Bread, Inc (Food Bank) 161-B W. Franklin Blvd., Gastonia</p> <ul style="list-style-type: none"> • Tues & Thurs: 9am-12 pm • Free Bread products, drinks, groceries <p>Chapel Grove Baptist Church 716 Camp Rotary Rd. Gastonia, NC</p> <ul style="list-style-type: none"> • 4th Saturday of the month, Dinner 5:30 pm 	<p>704-854-9221</p> <p>704-864-6134</p>
<p>Cherryville Area Ministries</p> <ul style="list-style-type: none"> • 212 N. Mountain St., Cherryville, NC 28021 • Assistance 8:30am-3:00pm Mon, Tues & Thurs • Store hours: M-F 8am-5pm, Saturday 9am-1pm • Clothing, food boxes, utilities, medicine and rent 	<p>704-435-3816</p>
<p>Christian Ministries of Lincoln County 207 S. Poplar St., Lincolnton, NC</p> <ul style="list-style-type: none"> • Hours: 9am-1pm • Food, utilities, furniture, prescriptions, meals on wheels 	<p>704-732-0383</p>
<p>City Set on a Hill Ministry 1299 W. Franklin Blvd Gastonia, NC</p> <ul style="list-style-type: none"> • Monday through Saturday, Dinner 7:00 pm (after church service) 	<p>704-750-1763</p>
<p>Community Relief Organization of Mt Holly 2120 Springs St., Mt Holly, NC 28120</p> <ul style="list-style-type: none"> • Hours: 9am-12:30pm (Closed Tuesday) • Food, clothing, rent, heat, electric bills, and medicine 	<p>704-827-0450</p>
<p>Cramerton Ministerial Association 171 S. Main St., Cramerton, NC 28032</p> <ul style="list-style-type: none"> • Hours: 8am-3pm • Call for appointment • Utilities, medicine, gas- Cramerton Residents Only • Food pantry for anyone in need 	<p>704-756-1531</p>

<p>Crisis Assistance Ministry (CAM) 805-B W. Airline Ave., Gastonia Hours 10am-2pm Monday-Thursday (Closed Friday)</p> <ul style="list-style-type: none"> ● Assistance with food, rent, utilities, medicine ● 1st come, 1st served ● Line up starts at 9am for Gastonia Residents only 	704-867-8901
<p>Dallas/High Shoals Christian Ministry 110 S. Gaston St., Dallas, NC 28034</p> <ul style="list-style-type: none"> ● Hours: Closed Monday ● Tuesday & Friday 9am-12pm ● Wed & Thurs 1pm-4pm ● Utilities, food, clothing, medicine. ● Call for appointment 	
<p>Friendship Trays, Inc. & Meals On Wheels, Mecklenburg County 2401-A Distribution St. Charlotte, NC 28203</p> <p>Gastonia Street Ministry 416 W. Main St. Gastonia, NC</p> <ul style="list-style-type: none"> ● Monday through Friday, 7 pm (after church service) ● Saturday, 6:30 pm (after church service) ● 3rd Sunday, 6:00 pm (after church service) 	704-333-9229 704-605-3173
<p>Greater Gaston Baptist Association 1607 Rankin Lake Rd., Gastonia</p> <ul style="list-style-type: none"> ● Hours: 9am-11:30am Monday-Thursday ● Call on Mondays, starting at 9am, for appointment ● Food, clothing, medicine, utilities, transportation <p>H.I.S Frontline Ministry 301 N. Highland St. Gastonia, NC</p> <ul style="list-style-type: none"> ● Thursdays, Lunch 11:00 am - 1:00 pm 	704-867-7257 704-867-9559 (fax) 980-888-4406

Holy Communion Lutheran Meal Site 103 W Church Street Dallas, NC 28034	704-922-5088
Kings Daughter Ministry Stanley, NC <ul style="list-style-type: none">Food, clothing, shelter	
Lighthouse Baptist Church 151 Lighthouse Church Lane Gastonia, NC <ul style="list-style-type: none">2nd Wednesday of the month, Dinner 6:30 pm	704-824-4991
Macedonia Apostles & Prophets (MAP) 405 Sherman St. Gastonia, NC <ul style="list-style-type: none">Thursdays, Lunch 11:00 am - 1:00 pm	704-861-9093
Meals on Wheels Office of Aging/Department of Social Services 330 North Marietta Street Gastonia, NC 28052	704-862-7833
Phoenix Community Outreach Center 809 W. Airline Ave. Gastonia, NC <ul style="list-style-type: none">Monday and Friday, Lunch 12:00-12:30 pm (FREE)	704-682-9930
Ranlo Baptist Church 1517 Spencer Mountain Rd. Gastonia, NC <ul style="list-style-type: none">2nd Saturday of the month, "Men's Breakfast" 9:00 am	704-824-1146
Salvation Army Center of Hope 107 S. Broad St. Gastonia, NC <ul style="list-style-type: none">Breakfast - Monday through Sunday, 6:30 am - 7:00 am (FREE)Dinner - Monday through Sunday, 5:15pm (FREE)	704-867-6145

<p>Second Harvest Food Bank 500 B Spratt St. Charlotte , NC 28206</p> <ul style="list-style-type: none"> ● Prepared Foods, Fresh Produce, Back Pack, Repack Bulk, Kids Cafes, Salvage, Purchase Program, TEFAP, Mobile Pantry, Non Food Distribution, Nutrition Education, Food Stamps, Senior Brown Bag / Food Box Distribution, On-Site Agency Shopping. <p>Shaddy Grove Baptist Church 3240 Tryon Courthouse Rd. Cherryville, NC 28021</p> <ul style="list-style-type: none"> ● 1st Saturday of the month, Dinner 7:00 pm - 8:00 pm 	<p>704.376.1785 Fax:704.342.1601</p> <p>704-435-9605</p>
<p>SOCKS 160 Woodlawn Ave., Belmont, NC 28101</p> <ul style="list-style-type: none"> ● Hours: 10am-1pm (Closed Wednesday) ● Food, medicine, utilities,rent, gas, hospital equipment <p>Trinity Assembly Church 323 White Jenkins Rd. Bessemer City, NC 28016</p> <ul style="list-style-type: none"> ● Wednesdays, Lunch 11:00 am - 1:00 pm <p>Trinity United Methodist Church 1513 Florida St. Gastonia, NC</p> <ul style="list-style-type: none"> ● 3rd Saturday of the month, Breakfast 9:00 am - 10:30 am 	<p>704-827-8780</p> <p>704-629-9339</p> <p>704-867-7830</p>
<p>U-Can Inc. 230 Main St., Lawndale, NC</p> <ul style="list-style-type: none"> ● Hours: 9am-12 noon Monday-Thursday ● Clothing, food & emergency assistance to Cleveland County Residents 	<p>704-538-8417</p>

<p>Gastonia Housing Authority 1600 Conrad Ave Gastonia, NC 28052</p> <ul style="list-style-type: none"> • Warm meals, delivered meals, food boxes, and nutrition information to qualifying residents living in and around Gastonia. 	704-864-6771
<p>Supplemental Nutrition Assistance Program (SNAP) For able bodied adults (18-49) without dependents, who are not disabled</p>	
<p>Soup Kitchens Free Meals for the homeless & low income</p>	
<p>The Salvation Army 107 N Broad Street, Gastonia, NC</p> <p>Monday-Friday Breakfast 6:30-7:30 am Residents & Non-residents</p> <p>Evening Meal : 5:00pm Residents 5:30pm-6:00pm</p> <p>Saturday & Sunday Breakfast 6:30-7:30 am Residents & Non-residents Evening Meal : 5:00pm Residents 5:30pm-6:00pm</p> <p>7 days a week 5:30 -6:30 pm</p>	704-867-6145
<p>As One Ministries 805 W. Airline Ave, Gastonia, NC Closes at 4pm</p>	704-862-6079
<p>Bethesda Mission 255 E. Main Ave., Gastonia, NC 6 pm</p>	
<p>Episcopal Church of the Redeemer 502 W. Sumter St., Shelby Wednesday 11:30am-12:30pm</p>	

Shelby Presbyterian 226 E Graham St, Shelby, NC Mon & Thurs. 12:00 -1:00 pm	
Hopper's Chapel (Central United Methodist Church) 200 E Marion St., Shelby, NC Tues. 11:45 – 12:30	
First Baptist Church 120 N Lafayette St., Shelby, NC Friday 12:30 -1:30 pm	
Christian Ministries of Lincoln County 230 East Water St., Lincolnton 7 days a week, 11:30am-12:30 pm	

Medical & Dental Services

AARP	1-844-416-6348
Advanced Home Health 2391 Court Drive, Gastonia, NC	704-831-5000
Advanced Prosthetics 2550 Court Drive, Suite 101, Gastonia, NC 28054	704-671-2061
American Health Services 914 Moose St. #A Gastonia, NC 28056	704-824-5144

Amramp 9101 Tresanton Drive, Charlotte, NC 28201 <ul style="list-style-type: none"> ● Ramp for purchase or rental 	1-888-715-7598
Bessemer City Health Care 8 AM/ 5 PM 119 West Pennsylvania Ave., Bessemer City, NC 28016 <ul style="list-style-type: none"> ● Primary family health care, behavioral health, counseling, medication assistance 	704-629-3465
Black Mountain Center 932 Old Hwy. 70West, Black Mtn, NC <ul style="list-style-type: none"> ● Residential & respite services, outreach consultations for those with developmental disabilities. 	828-259-6945 bmntc.info@dhhs.nc.gov
Broughton Hospital 1000 S. Sterling St, Morganton, NC <ul style="list-style-type: none"> ● Inpatient facility for those in need of psychiatric or long term care. 	828-433-2111
Cancer Services of Gaston County 306 South Columbia Street, Gastonia, NC 28054 <ul style="list-style-type: none"> ● Assistance with cancer related prescription medications as well as other items such as liquid nutrition (Ensure and Boost), soups, and juices. 	704-864-1271
Camp Carolina Trails <ul style="list-style-type: none"> ● Medically run diabetes camp for children and adolescents. Open to rising 3rd through rising 11th graders. ● A one week long camp. ● Cost - \$700 (financial assistance is available). 	919-743-5400 x 3207
Carolinas Medical Center-Lincoln 433 McAlister Road, Lincolnton, NC	980-212-2000
CaroMont Diabetes Center 640 Summit Crossing Place, Suite 205, Gastonia, NC 28054 <ul style="list-style-type: none"> ● Diabetes Education 	704-671-7850 Fax: 704--671-7852
Caromont Regional Medical Center 2525 Court Dr., Gastonia, NC 28054 <ul style="list-style-type: none"> ● Medical Care ● Psychiatric evaluations ● Charity Program - Forgiveness of hospital bills 	704-834-2000

<p>CaroMont Wound Center 640 Summit Crossing Place, Suite 306, Gastonia, NC 28054</p> <ul style="list-style-type: none"> ● 8-5, M-F 	<p>704-671-7830 Fax: 704-671-7835</p>
<p>Caromont Wellness Coach - to schedule mobile wellness screening services</p>	<p>704-834-3408</p>
<p>Carolina Pain Associates 1900 Randolph Road, Suite 906, Charlotte, NC 28207</p>	<p>704-347-3447</p>
<p>Cleveland County Health Dept. 200 South Post Road, Shelby, NC, 28152</p>	<p>980-484-5100</p>
<p>Cleveland Regional Medical Center 201 E Grove St, Shelby, NC</p> <ul style="list-style-type: none"> ● Social work & nurse care coordination for abuse, neglect & homelessness ● Psychiatric evaluations ● Charity Program - Forgiveness of hospital bills 	<p>704-487-3000</p>
<p>Community Foundation of Gaston Co. Po Box 123, Gastonia, NC 28053</p> <ul style="list-style-type: none"> ● Medical assistance for children under 18. 	<p>704-864-0927</p>
<p>Complete Rehab & Sports Therapy 2675 Court Dr, Gastonia NC</p> <ul style="list-style-type: none"> ● Adult and Child Physical Therapy, Occupational Therapy, and Speech Therapy 	<p>704-824-7800</p>
<p>Dental Clinic of Cleveland County 315 E Grover St, Shelby, NC</p> <ul style="list-style-type: none"> ● Must be UNDER 21 - billed on a sliding fee scale, Medicaid or dental insurance. Appts made on the 2nd & 4th Wednesday. 	<p>704-484-5260</p>
<p>Dental Clinic of Gaston County 8 AM/ 5 PM 991 W. Hudson Blvd., Gastonia, NC 2852 No insurance necessary. Adult & child dental services Adults must call 1st day of month for an appointment</p>	<p>704-853-5191</p>

Children appointments are made between 8am - 5pm M-F Medicaid accepted	
Diabetic Supply of Graco 914 East Garrison Blvd. Gastonia NC 28054 <ul style="list-style-type: none"> ● Diabetes supplies ● M-F 8:30-4:30 	704-824-6000
Gaston Complete Health <ul style="list-style-type: none"> ● (Medical care for those with a behavioral health diagnosis) 2505 Court Drive, Gastonia	704-874-2029
Gaston County Department of Health and Human Services 330 Dr. Martin Luther King Jr. Way, Gastonia, NC 28052 <ul style="list-style-type: none"> ● Report Abuse or Neglect ● Apply for Medicaid ● Apply for Food Stamps ● Social Service Needs 	704-862- 7500
Gaston County Department of Health and Human Services 991 Hudson Blvd, Gastonia, NC <ul style="list-style-type: none"> ● Child Health Clinic ● Women's Health & maternity ● Gaston Midwifery Associates ● Breast and Cervical Cancer Control Program ● Family Planning ● General Clinic/Immunization Program ● Communicable Disease ● Tuberculosis Control ● Adult Health Clinic ● Pharmacy ● Behavioral Health 	704-853-5000 704-874-3316 704-853-5010 704-853-5009 704-853-5464 704-853-5009 704-853-5009 704-853-5003 704-853-5002 704-853-5007 704-853-5006 704-853-5011 704-874-5079 704-874-9005
Gaston County Health and human Services- Nurse Family Partnership 991 West Hudson Blvd. Gastonia, NC 28052 <ul style="list-style-type: none"> ● Support for pregnant women and babies 2 and under 	704-853-5000

<p>Gaston Family Health Services 8 AM/ 5 PM 991 W. Hudson Blvd., Gastonia, NC 28052</p> <ul style="list-style-type: none"> • No insurance necessary for medical and psychiatric treatment Medicaid accepted. Medication assistance program available. 	704-853-3316
<p>Gaston Family Health Services Helping Hands Health Center 206 Gamble Drive, Suite C, Lincolnton, NC 28052</p> <ul style="list-style-type: none"> • Medical Care • No insurance necessary 	704-735-7145
<p>Gaston Family Health Services Highland Health Center 111 East 3rd Avenue, Gastonia, NC 28052 M-Th 8am-7pm F 8am-5pm</p> <ul style="list-style-type: none"> • Medical Care • Behavioral Health • No insurance necessary 	704-833-1550
<p>Hanger Clinic 561 Cox Road , Gastonia, NC 28054</p> <ul style="list-style-type: none"> • Prosthetics 	704-866-7772
<p>HealthNet Gaston 200 East Second Avenue Gastonia, NC 28052</p> <ul style="list-style-type: none"> • Medical-Financial Coverage for treatment 	704-874-1901
<p>Heart R.E.A.C.H Program- CaroMont Health & Fitness Center</p> <ul style="list-style-type: none"> • Customized exercise and educational program. • Informational presentations available upon request. 	704-671-7931
<p>Hospice</p> <ul style="list-style-type: none"> • Gaston Hospice • Cleveland Hospice • Hospice & Palliative Care, Lincoln County • Gaston Palliative Care 	704-861-8405 704-487-4677 704-732-6146

	704-865-5838
Kings Mountain Hospital 706 W King St, Kings Mtn., NC	980-487-5000
Kinetic Orthotics and Prosthetics 1044 X-Ray Drive Gastonia, NC 28054	704-691-7145
Lifeline Medical Alert Service	1-800-635-6156
Lincoln County Health Dept. 151 Sigmon Rd, Lincolnton, NC 28092	704-735-3001
Metrolina Pain and Dependency Clinic 6300 E Independence Blvd Ste B, Charlotte, NC	704-995-5090
Pain Clinic of Shelby 1112 Yancey St · Shelby	704-481-0171
Pain Management Associates, PA 1550 Union Rd Ste B · Gastonia	704-864-8772
Partners Behavioral Health Management 901 South New Hope Road, Gastonia, NC 28054 <ul style="list-style-type: none"> ● Provides information on access to Mental Health, Substance Use, Intellectual/Development Disabilities Services ● Partners Training Academy (Community Training Available) 	1-888-235-4673 www.partnersbhm.org https://partnerstraining.com/
South Charlotte Pain Relief 10701 Park Rd Ste G · Charlotte	704-544-8844
Southeast Pain Care Multiple Locations	1-866-577-1006
Susan G. Koman Foundation <ul style="list-style-type: none"> ● Financial Assistance for Breast Cancer 	877-465-6636

The Renfrew Center <ul style="list-style-type: none"> Adolescent and adult females with eating disorders. 	800-786-3739
TLC Group 319 East Second Avenue Gastonia, NC 28054 <ul style="list-style-type: none"> urological, ostomy, and incontinence supplies 	704-854-4545
Veterans Services 965 Roberts Drive, Gastonia, NC 28054	704-866-3606

In Home PCS/CAPS

Bayada	704-884-7000
BrightStar Care of Gastonia	704-691-0280
Forever Young Care Services, Inc.	704-869-9790
Home Instead Senior Care Gaston, Lincoln, Cleveland	704-864-5500
My Shepherd's Den	704-822-0748
ResCare Homecare	704-864-4800
Right at Home 100 N. Main St., Ste 107 Belmont, NC 28032	704-412-3366
Stress Free Home Care	704-931-4997

Thrive (formerly Health & Home)	704-874-0005
Touched by Angels	704-827-0772
Visiting Angels	704-825-3350

Permanent Rentals

Subsidized rental housing for single adults, families & disabled individuals

Belmont Housing Authority 51 Flowers Ct., Belmont, NC 28012 9 AM- 5 PM <ul style="list-style-type: none"> • 2, 3, 4 bedroom low-income rental housing units. 	704-825-9376
Cherrywood Apartments 106 Sullivan Dr., Cherryville, NC 28021	704-435-5772
Church Hill 411 N. Pine St., Cherryville, NC 28021	704-435-2114
Gastonia Housing Authority 340 W. Long Ave., Gastonia, NC 28052 9AM - 4:30 PM 1, 2, 3 bedroom low-income rental-housing units.	704-864-6771
Cameron Court Apt. - Community Housing Services 1305 Weldon Street, Gastonia, NC	704-864-0885
Mountain View Apartments 425 Edwin St., Gastonia, NC 28052	704-867-7733

Hoffman Homes 2263 Cordoba St., Gastonia, NC 28054	704-865-1945
Kendrick Square 800 W. Charlotte Ave., Mt. Holly, NC 28120	704-827-7171
Kings Mtn. Housing Authority 201 McGill St, Kings Mtn., NC <ul style="list-style-type: none"> 1, 2, 3 bedroom housing for low income families. 	704-739-2816
Lincoln Terrace Apartments 366 Armstrong Circle, High Shoals, NC 28077	704-732-0969
Mt. Holly Housing Authority 635 Noles Dr., Mt. Holly, NC 28120 8 AM- 4:30 PM <ul style="list-style-type: none"> 1, 2, 3 bedroom low-income rental housing units. 	
NC Housing Foundation 8 W. 3rd. Ave. Ste. 565, Winston Salem, <ul style="list-style-type: none"> NC A non-profit property development company 	336-765-3906
The Landings 224 Hudson Landings Dr.	704-215-5712
Oak Forest Apartments 117A Oak Forest Lane, Dallas, NC 28034	704-922-4811
Park Terrace Apartments 309 Park Terrace Dr., Bessemer City, NC 28016	704-629-5121
Reinvestment in Communities The Willows 512 B Willow St., Gastonia, NC Permanent supportive housing for disabled & homeless persons.	704-755-5676

Rollins Apartments 311 S. Hawthorne St., Mt. Holly, NC 28120	704-827-9025
Shelby Housing Authority 801 Logan St., Shelby, NC <ul style="list-style-type: none"> Section 8 Assistance Program 127 W Graham St, Shelby, NC <ul style="list-style-type: none"> Section 8 Assistance Program 	704-484-6830 704-487-0476
Stanley Square 814 N. Buckoak St., Stanley, NC 28164	704-263-1000
Stonecroft Village Apartments 1001 Farewell Dr., Gastonia, NC 28054	704-861-0793
ARC/HDS Gaston County 401 E. Third Ave., Gastonia, NC 28054 1101. Franklin Blvd., Gastonia, NC 28054 417 W. Tenth Ave., Gastonia, NC 28052 1030 Forestbrook Dr., Gastonia, NC 28056 605 Rosemary Ln., Gastonia, NC 28054 934 Springdale Ln., Gastonia, NC 28052 1102 Requa Rd., Cherryville, NC 28021 CHC of Gaston County 1047 Laurel Ln., Gastonia, NC 28054 Gaston Residential Services 8 AM - 5 PM 905-A N. New Hope Rd., Gastonia, NC 28054 Group homes, apartments for individuals, shelter plus care housing for women with children. Developmental disabilities and substance abuse issues. Call for appointment. Mountain Ridge Group Home 810 King Arthur Dr., Gastonia, NC 28056 WNC Community Homes 2250 Baltic St. Gastonia, NC 28054	704-865-6601 704-866-7084 704-866-4486 704-867-7901 704-866-0437 704-867-3473 704-435-4608 704-854-4825 704-861-9280 704-529-0446
Socialserve.com Affordable Rental Housing Go to above web site, click on "Find Rental Properties" and proceed. Can find info on emergency shelters, transitional housing, homeownership, counseling and	704-334-8722 Toll free 877-428-8844

more.	
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<h2 style="margin: 0;">Permanent Rentals</h2> <p style="margin: 0;">Subsidized rental housing for the Elderly & Disabled</p>	
<p>A.R.P. Manor 2900 Union Rd., Gastonia, NC 28054</p>	704-861-0954
<p>Belmont Housing Authority 51 Flowers Ct., Belmont, NC 28012 9 AM- 5 PM</p> <p>Myrtle Terrace Apartments 35 W. Myrtle St., Belmont, NC 28012 9 AM- 5 PM</p>	<p>704-825-9376</p> <p>704-825-2446</p>
<p>Catherine Booth Garden Apartments 1435 Union Rd., Gastonia, NC 28054</p>	704-868-9122
<p>Cleveland County Council on Aging Sr. Ctr. 408 E Marion St, Shelby, NC</p> <ul style="list-style-type: none"> • Provides housing counseling, info, referrals and placement. 	704-482-3488
<p>Colonial Oaks Apartments 400 W. Academy St., Cherryville, NC 28021</p>	704-435-9347
<p>Gastonia Housing Authority 340 W. Long Ave., Gastonia, NC 28052 9 AM-4:30 PM</p> <p>Linwood Terrace 1612 Conrad Street, Gastonia, NC 9 AM-4:30 PM</p>	<p>704-864-6771</p> <p>704-864-7323</p>

Kinross Place 2900 Union Rd., Gastonia, NC 28054	704-852-3744
LIVE (Counsel of Aging) 1268 Fallston Rd., Shelby, NC <ul style="list-style-type: none"> Assist frail elderly & the disabled in maintaining a safe & independent lifestyle. 	704-482-3488
Madison Place - senior apartments 4200 Forbes Rd., Gastonia, NC	704-865-1400
Mary Lee Cottages Kings Mtn. , NC	704-734-0055
McLurd Manor 111 McLurd Manor Dr., Stanley, NC 28164	704-263-1699
Shelby Manor 1176 Wyke Rd, Shelby, NC Provides older persons with assisted living & personal assistance.	704-482-0000
Village Square Apartments 1400 Paige Ct., Gastonia, NC 28054	704-865-9507
Villas at Union Trace- 55+ 1601 Union Rd, Gastonia	704-864-0921
Woodridge Homes 165 Houston St., Mt. Holly, NC 28120	704-822-6107

PHARMACIES THAT DELIVER

BELMONT

Belmont Drug Store - Delivery - Free - 5-10 Mile Radius

704-829-9897

College Park Pharmacy - Delivery- 10-12 Mile Radius - \$3.00 Per visit

704-825-5179

PrimeCare Pharmacy - Delivery - 5-10 Mile Radius -

704-812-8172

- Must be 4 or more prescriptions - Free

BESSEMER CITY

None

CHERRYVILLE

Houser Drug Co. - Delivery - 10-15 Mile Radius -

704-435-6011

- Free
- For narcotic script- must be dropped off at pharmacy, then delivered with proper ID required
- In-network with BCBS and Medicare

Medical City Pharmacy - Delivery -Free - M-F - 5 Mile Radius

704-435-3263

Tas Drug - Delivery M-F - 5 Mile Radius -

704-435-5082

- Free
- For narcotic prescriptions-must be dropped off at pharmacy- then delivered to patient with proper ID required.

CRAMERTON

Anderson Health Mart Pharmacy - Delivery

704-879-4010

- Free
- Call to set up regular prescription service that has one or more script / month.

DALLAS	
None	
GASTONIA	
Akers Center Pharmacy - <ul style="list-style-type: none"> ● Delivery Free - Only in city limits ● Call pharmacy for narcotic prescription info. ● 	704-868-9037
Gaston Pharmacy - Delivery Free - 10 Mile Radius <ul style="list-style-type: none"> ● Must have 3 or more prescriptions at a time. ● Narcotic prescriptions filled only in person. 	980-888-4900
Medical Center Pharmacy - Delivery Free, 10-15 mile radius <ul style="list-style-type: none"> ● must transfer prescriptions for free delivery 	704-867-5343
Moss Drugs - Delivery Free - M-F <ul style="list-style-type: none"> ● City Limits Only ● Narcotic scripts must be taken to the pharmacy. 	704-867-9611
New Hope Pharmacy - Del. Y -M-F - 10 Mile Radius - With 3 or more prescriptions. <ul style="list-style-type: none"> ● Call for narcotic prescription info. 	704-671-4811
Pharmacy @ 321 - Del. Y - M-F - Free - Gaston County only - <ul style="list-style-type: none"> ● Can set-up an account but must call pharmacy for info. 	704-396-6849
Rite Aid - Del. Y - M,W & F - \$3.00 fee - Gaston County - <ul style="list-style-type: none"> ● Call pharmacy for narcotic prescription info. 	704-864-9787
KINGS MOUNTAIN	
Mountain Street Pharmacy - Del. Y - Free - <u>Only</u> to necessary homebound patients. <ul style="list-style-type: none"> ● Will accept Electronic narcotic scripts- patient must have proper ID when delivered. 	704-739-7225
LOWELL	

Medical Center Pharmacy - Del. Y - Free - 10-15 Mile Radius - <ul style="list-style-type: none"> • Must transfer prescriptions to them for free delivery. • Call for narcotic prescription info. 	704-867-5343
MCADENVILLE	
Anderson Health Mart Pharmacy - Delivery -Free - <ul style="list-style-type: none"> • If you have more than 1 monthly prescription, call pharmacy for delivery info. • Call pharmacy for narcotic prescription info. 	704-879-4010
MT.HOLLY	
College Park Pharmacy - Delivery 5-10 Mile Radius <ul style="list-style-type: none"> • \$3.00 per visit • Call pharmacy for narcotic prescription info. 	704-825-5179
PrimeCare Pharmacy - Delivery Free - 5-10 Mile Radius <ul style="list-style-type: none"> • Call pharmacy for narcotic prescription info. 	704-812-8172

Physical Rehabilitation

Bayada Home Health Care Services	704-864-1131
Belaire Health Care Center	704-867-7300
Brian Center Health & Rehab	704-866-8596
Cardiac Rehabilitation	704-834-7933
CaroMont Regional Medical Center	704-834-2000
Courtland Terrace	704-834-4800

Compleat Rehab <ul style="list-style-type: none"> ● Physical ● Occupational ● Speech 	704-824-7800
Covenant Village	704-867-2319
Crawley Memorial Hospital	980-487-1300
Gaston Rehab Associates	704-864-4424 Fax: 704-864-2125
Gastonia Care and Rehab Center	704-864-0371
Kindred Transitional Care & Rehabilitation	704-864-0371
OrthoCarolina Physical Therapy	704-671-1860
Pulmonary Rehab	704-671-7930
Select Physical Therapy	704-867-7455
Sports Plus Therapy, Belmont	704-829-9800

Pregnancy Services

Crisis Pregnancy Center of Gaston/Help Line

Crisis Pregnancy of Gaston
800 Robinson Road, Gastonia 28056

Crisis Pregnancy of Gaston
2782 Fairview Dr., Gastonia, NC 28052

Crisis Pregnancy Center of East Gaston
399 Belmont -Mt Holly Rd., Belmont, NC 28012

- Free pregnancy test, counseling, maternity home placement., baby supplies
See clients by appointments only -No walk Ins

704-867-3706

704 -868-4636

704-884-1098

704-827-0806

New Life Pregnancy/Sunshine House

10 AM / 4 PM
PO Box 6253, Gastonia, NC 28056-6000

- Pregnancy testing and counseling.

704-854-8877

<p>Gaston County Health Dept. 8 AM/ 5 PM 991 Hudson Blvd., Gastonia, NC 28052</p> <ul style="list-style-type: none">• Pregnancy Test, OBGYN services & Prenatal Care, WIC	704-853-5000
<p>Florence Crittenton Services 1300 Blythe Blvd., Charlotte, NC</p> <ul style="list-style-type: none">• A safe place to live during an unplanned pregnancy.	704-372-4663
<p>Pregnancy Resource of Cleveland Co. 232 S. LaFayette St, Shelby, NC</p> <ul style="list-style-type: none">• Christian Ministry to those with an unexpected pregnancy, abortion or miscarriage & to promote sexual abstinence.	704-487-4357
<p>Crisis Pregnancy Center 814 E Main St, Lincolnton, NC 28092</p>	704-732-3384

Private Practice-Behavioral Health

<p>Advanced Behavioral Medicine Rock Hill, SC</p>	803-327-4357
<p>Carolina Counseling Charlotte, NC</p>	704-342-8390
<p>Cold Water Counseling www.coldwatercounseling.com</p>	704-765-2059
<p>Monarch Multiple locations available-Call for addresses</p> <ul style="list-style-type: none"> ● Open Access ● Walk In ● Intensive In Home Services (Ages 3-20) ● Outpatient Therapy and Psychiatric Services ● Adult and Child ● Assertive Engagement ● Community Support Team ● M-F 8-5 	704-842-6476
<p>Piedmont Psychological Associates 1530-A Union Road Gastonia, NC 28054</p>	704-861-0271
<p>Psychiatric Services of the Carolinas 1530 Union Road Gastonia, NC 28054</p> <ul style="list-style-type: none"> ● Medicaid-Medicare-Private ● Adult, Adolescent & Child Mental Health & Substance Abuse Individual and Group Therapies ● Medication Management 	<p>Referrals: 704-867-6188 Fax: 704-866-4437</p>
<p>PsyLinc 518 South Aspen Street Gastonia, NC 28092</p> <ul style="list-style-type: none"> ● Medicaid-Medicare-Private Becky Reavis, PhD ● Adult, Adolescent & Child Mental Health Individual Therapy ● Couples & Family Therapy Psychological Evaluations Pre-surgical Evaluations 	<p>Referrals: 704-530-0850 Fax: 704-735-9810</p>

<p>Support, Inc.</p> <ul style="list-style-type: none"> • Specialty Services: Adult, Adolescent & Child Mental Health & Substance Abuse, Psychological Testing Developmental Therapies • Medicaid-Medicare-BCBS-Medcost-IPRS 	<p>Referrals: 704-865-3525 Crisis: 980-329-9200 Fax: 704-865-3520</p>
<p>Vickram Shukla, MD</p> <p>Medicaid-Medicare-Private Vickram Shukla, MD</p> <ul style="list-style-type: none"> • Adult, Adolescent & Child Mental Health & Substance Abuse Individual Therapy • Medication Management • M-W 8-5, Th 1-5, F 8-12 	<p>Referrals: 704-868-8988 Fax: 704-868-9948</p>

SENIOR CENTERS and SENIOR WELLNESS PROGRAMS

Adult Recreation Center 519 W. Franklin Blvd., Gastonia, NC 28052	704-866-6848
Gaston County Senior Center 1303 Dallas Cherryville Hwy., Dallas, NC 28034	704-922-2170
East Gaston Adult Day Care 1122 South Main St., Mt. Holly, NC 28120	704-8279148 704-862-7540
J. Paul Ford Recreation Center 37 E. Woodrow Ave., Belmont, NC 28012	704-825-8191
Kiser Senior Center 123 W. Pennsylvania, Ave., Bessemer City, NC	704-729-6465
Life Enrichment Center 222 Kings Mountain Blvd., Kings Mountain, NC 28086	704-739-4858
NC Cooperative Extension Citizens Resource Center 13303 Dallas-Cherryville Hwy., Dallas, NC 28034	704-922-0301
Partners in Primary Care 2910-1 East Franklin Blvd., Gastonia, NC 28056	704-946-7933
Senior TLC - A community PACE program 1875 Remount Rd., Gastonia, NC 28054 PACE -(program for all-inclusive care for the elderly) is a comprehensive health care program for seniors who have disabilities or health concerns and wish to remain in their homes while receiving all needed medical and supportive services.	704-874-0600
The Center 900 Roberts Dr., Gastonia, NC	704-866-3677

SNF's

Alexandria Place	704-853-8175
Belaire	704-867-7300
Brian Center Gastonia	704-866-8596
Brian Center Lincolnton	704-735-8065
Cardinal Healthcare & Rehabilitation Lincolnton	704-732-7055
Carolina Care Cherryville	704-435-4161
Cleveland Pines Shelby (CMC)	980-487-1500
Courtland Terrace (Caromont) Skilled Memory Care Unit	704-834-4800
Gastonia Care and Rehabilitation	704-864-0371
Kindred Nursing & Rehabilitation Lincolnton	704-732-1138
Peak Resources of Cherryville	704-435-6029
Peak Resources of Gastonia	704-861-0981
Peak Resources of Shelby	704-482-5396
Stanley Total Living Center <ul style="list-style-type: none">● Skilled Memory Care Unit	704-263-1986
Summit Place of Kings Mountain <ul style="list-style-type: none">● Memory care Unit	704-739-6772

White Oak Manor Kings Mtn. <ul style="list-style-type: none">• Memory Care Unit	704-739-8132
White Oak Manor Shelby	704-482-7326
Wilkinson Care and Rehabilitation	704-824-5550

Substance Use Resources

<p>ACCESS to Care Line Partners Behavioral Health Management 901 South New Hope Road, Gastonia, NC 28054</p> <ul style="list-style-type: none"> • Provides information on access to Mental Health, Substance Use, Intellectual/Development Disabilities Services • Partners Training Academy (Community Training Available) 	<p>1-888-235-4673</p> <p>www.partnersbhm.org</p> <p>https://partnerstraining.com/</p>
<p>Alcoholic Anonymous Gastonia Chapter</p>	<p>www.wpintergroup.org</p>
<p>Alcohol Drug Council of NC</p>	<p>1-919-493-0003</p>
<p>Alternative Community Penalties Program (ACCP) 410 West Franklin Boulevard Gastonia, NC 28052</p>	<p>704-854-8598</p> <p>http://www.acppinc.org/</p>
<p>Annuvia Prevention and Recovery Center 100 Billingsley Road Charlotte, NC 28211</p> <ul style="list-style-type: none"> • Youth and Adult Programs 	<p>(704) 376-7447</p> <p>https://www.anuvia.org/</p>
<p>Assessment Solutions of Charlotte 5200 Park Road Charlotte, NC 28209</p> <ul style="list-style-type: none"> • DWI assessments 	<p>704-523-2353</p> <p>http://www.asolutions-nc.com/</p>
<p>Carolinas Medical Center Mercy- Horizon's Program 2001 Vail Avenue Charlotte, NC 28207</p> <ul style="list-style-type: none"> • Inpatient Detox • Inpatient Program • Rehabilitation Program for Substance Use 	<p>704-304-5248</p>

<p>Charlotte Rescue Mission Charlotte, NC</p> <ul style="list-style-type: none"> ● Rebound Program for Men (Residential Program) ● Doves Nest for Women (Residential Program for women and children) 	704-333-4673
<p>Cornerstone Christian Center 400 E. Fifth St., Gastonia, NC 28054</p> <ul style="list-style-type: none"> ● Housing program for men with substance abuse issues - 1 - 6 months. 	704-867-8749
<p>Crossroads Rescue Mission 206 Mount Sinai Church Rd. Shelby, NC 28152</p> <ul style="list-style-type: none"> ● Residential Substance Use Program 	704-484-8770
<p>Dilworth Center for Chemical Dependency 2240 Park Road Charlotte, NC 28203</p> <ul style="list-style-type: none"> ● Inpatient Program ● 501c3 ● accepts most insurances 	(704) 372-6969 https://www.dilworthcenter.org/admissions
<p>Flynn Christian Fellowship Home 706 Main Ave SE, Hickory, NC (Men)</p> <p>210 2nd St. SE, Hickory, NC (Women)</p> <ul style="list-style-type: none"> ● Serves as a halfway house after a client has completed a 28 day substance abuse program. Call for availability. 	(828) 328-6629
<p>Hope Haven 3815 N. Tryon Street Charlotte, NC 28206</p> <ul style="list-style-type: none"> ● Substance Use Program ● 3-6 month recovery program 	704-372-8809 http://www.hopehaveninc.org/
<p>Insights to Recovery 359 W. Main Ave. Suite D</p> <ul style="list-style-type: none"> ● Provides substance abuse assessments and treatment for DWI offenses 	704-868-8644

<p>Mcleod Addictive Disease 515 Clanton Road, Charlotte, NC 28217</p> <ul style="list-style-type: none"> ● Medical Detox ● 28 day inpatient program ● DWI program ● Drug Education Program ● Suboxone ● Buprenorphine ● Methadone 	<p>704-332-9001 http://www.mcleodcenter.com/</p>
<p>New Beginnings 825 E. Second Ave Gastonia NC 28054</p> <ul style="list-style-type: none"> ● DWI Programs ● DOT Programs ● Substance Use Programs ● Does NOT accept Insurance 	<p>704-854-9102 https://www.newbeginnings-treatmentcenter.org/substance-abuse/</p>
<p>Narcotics Anonymous</p> <p>Olive Branch Ministry Harm Reduction Services</p> <ul style="list-style-type: none"> ● Outreach & peer education to reduce risks associated with drug use ● Needle & syringe exchange programs (SEPs) ● Opioid substitution therapies (OST) including methadone & buprenorphine ● Confidential counseling/testing for HIV, hepatitis, & other sexually transmitted or bloodborne infections ● Wound Care ● Overdose prevention activities, including Naloxone (a prescription drug to prevent overdose) & first aid training ● Provision of primary care & treatment for HIV & other sexually transmitted or bloodborne infections ● Referrals to drug treatment programs 	<p>1-866-997-9559 http://www.sfana.com/</p> <p>Free & legal syringe exchange program, call or text 828-291-7023 or 828-217-9111</p> <p>To enroll in or refer someone to the opioid overdose response program in Gaston County please call or text 704-453-3760 (24/7)</p> <p>www.olivebranchministry.org</p>
<p>Outreach Management 830 Summitt Crossing Place Gastonia, NC 28054</p> <ul style="list-style-type: none"> ● Substance Abuse Intensive Outpatient Program 	<p>704-854-9828 http://www.outreachms.com/sba.html</p>

<ul style="list-style-type: none"> ● Community Support Team Program ● Outpatient Therapy ● Assessments 	
<p>Partners Behavioral Health Management 901 South New Hope Road, Gastonia, NC 28054</p> <ul style="list-style-type: none"> ● Provides information on access to Mental Health, Substance Use, Intellectual/Development Disabilities Services ● Partners Training Academy (Community Training Available) 	1-888-235-4673 www.partnersbhm.org https://partnerstraining.com/
<p>Phoenix Counseling Center (Detox unit)</p>	Shelby 704-751-3693 Gastonia 704-854-4196 https://www.phoenixcc.us/
<p>Julian F Keith Alcohol & Drug Abuse Treatment Center 201 Tabernacle Rd., Black Mtn, NC</p> <ul style="list-style-type: none"> ● Residential Treatment program. Referrals from mental health. 	828-257-6200
<p>Quality Home Care Services Inc. 3552 Beatties Ford Road Charlotte, NC 28216</p> <ul style="list-style-type: none"> ● SACOT ● HIV Prevention 	704-394-8968 http://qhcsnc.org/
<p>Safe Harbor Rescue Mission 210 2nd St. SE Hickory, NC</p> <ul style="list-style-type: none"> ● Provides safety, shelter, and Positive programming for homeless women and children during daytime hours 	828-326-7233
<p>Self Concepts 1305 East Garrison Boulevard Gastonia, NC 28054</p> <ul style="list-style-type: none"> ● Substance Use services 	704-852-3874 http://myselfconcept.com/programs.html

<p>Support Inc. 708 S. Chestnut St. Gastonia, NC 28054</p> <ul style="list-style-type: none"> ● Multiple locations ● Catawba ● Lincoln ● Gaston ● Cleveland ● Substance Use Outpatient Program 	Phone: 704-865-3525
<p>Sunpath 415 W. Main Avenue Gastonia, NC 28052</p> <ul style="list-style-type: none"> ● Substance Use Counseling 	Phone: 704-478-6093 Fax: 704-973-9287 Emergency Crisis Hotline: 704-300-9913 http://sunpathllc.com/contactus.html
<p>The Salvation Army Adult Rehabilitation Center 1023 Central Ave. Charlotte, NC</p> <ul style="list-style-type: none"> ● Residential Housing for men with addictions. 	704-332-1171
<p>Veterans Administration Medical Center 1601 Brenner Ave, Salisbury, NC</p> <ul style="list-style-type: none"> ● Outpatient substance abuse treatment. 	704-638-9000 ext. 3189 800-273-8255

Special Need Programs

<p>Adult Day Care Center 402 N. Main St., Belmont, NC</p>	704-825-5428
<p>Arc of Gaston County 200 E. Franklin Blvd. , Gastonia, NC 28052 www.gastoncountyar.org Provides guidance and resources for children and adults with developmental disabilities based on individual needs, financial assistance, specialized summer camp; health and wellness initiatives; advocacy and awareness.</p>	<p>Phone: 704-861-1036 Fax: 704-864-9464</p>
<p>Gaston / Lincoln Affiliate of the Alliance for the Mentally Ill</p>	704-866-8751 or 704-864-0759
<p>Gaston Skills, Inc. 7:45 AM - 4:15 PM 1301 Bessemer City Rd., Gastonia, NC 28052 Testing and assessment of vocational potential, written and on-the-job programs for rehabilitation, real-work settings requiring vocational training to prepare for the job market.</p>	704-869-0300
<p>N.C. Division of Services for the Blind 5501 Executive Center Dr. Ste. 102, Charlotte, NC 28212 Vocational rehabilitation services for the blind & visually impaired.</p>	800-422-1895
<p>Pathways/Partners 901 S. New Hope Rd., Gastonia, NC 28054 Manages Mental Health (MH), Substance Abuse (SA) and Intellectual/Developmental</p>	877-864-1454

<p>Disability (I/DD services for Gaston and Lincoln County residents who are enrolled in Medicaid or who qualify for state funding.</p> <p>Call the Access to Care Line: 1-888-235-4673 24 hrs a days/7 days a week if anyone is experiencing crisis with or needs MH, SA, or I/DD services.</p>	
<p>Services for the Blind of Cleveland County 130 S Post Rd., Shelby, NC Eye Exams, glasses, treatment, surgery, some eye meds, referrals for vocational assistance, items free of charge to help in our home.</p>	704-487-0661
<p>Services for the Blind Of Gaston County 330 N Marietta Street, Gastonia, NC 28054 Eye Exams, glasses, treatment, surgery, some eye meds, referrals for vocational assistance, items free of charge to help in home.</p>	704-862-7622
<p>Shelby Community Lion’s Club 1687 E. Marion St., Shelby, NC Providing services for the blind and hearing impaired.</p>	704-406-9331
<p>Social Services / Work First 8 AM/5 PM 330 N. Marietta Street, Gastonia,NC 28052 Assistance with job training, education, childcare, transportation to help families dependent on welfare to become self-sufficient.</p> <p>The Center Adult Day Care Centers</p>	704-862-7525 Gastonia 704-866-3677 Mt Holly 704-827-9148

Special Need Programs

Programs to assist persons with identified needs

Adult Day Care Center 900 Roberts Drive, Gastonia, NC 1122 S. Main St., Mt.Holly, NC	704-866-3677 704-827-9148
NAMI (National Alliance for Mentally Ill) Referral to local and state office for support and educational services.	1-800-950-6264
Gaston Community Action 827 S. Washington St., Shelby, NC Total family assistance and supportive services.	404-480-0722
Salem Industries 1636 Salem Church Rd., Lincolnton, NC 8 AM-4 PM Provide services for individuals with developmental disabilities using real work as a primary job training tool; emphasis is placed on development of socialization and independent living skills.	704-732-1516

Social Services

<p>Gaston County Social Services 330 N. Marietta St., Gastonia, NC 28052 8:30/ 5 PM</p> <ul style="list-style-type: none"> ● Medicaid ● Family & children under 18 Adults with no children ● Food Stamps ● Work First ● Child Care Division (Vouchers) ● Adult Protective Services 	<p>704-862-7540 (Intake #)</p> <p>704-862-7500 704-862-7505 704-862-7530 704-862-7540 704-862-7510 704-862-7525 704-862-7878 704-862-7240</p>
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<p>Cleveland County Social Services 130 S. Post Rd., Shelby NC 8:30 / 5pm</p>	<p>704-487-0661</p>
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<p>Lincoln County Social Services 1136 E. Main St., PO Box 130, Lincolnton, NC 8:30 / 5pm</p>	<p>704-732-0738</p>
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Social Security Administration

SOCIAL SECURITY ADMINISTRATION - Gaston and Lincoln Counties

609 Cotton Blossom Cir., Gastonia, NC 28054.

866-331-2193

SOCIAL SECURITY ADMINISTRATION- Cleveland County

707-C Shenck St. Shelby, NC 28150

1-877-405-3576

- Apply for Social Security retirement or spouse's benefits.
- Apply for Social Security disability benefits (includes the Adult Disability / SSDI)
- Begin or continue the Adult Disability Report.
- When you apply for any type of disability benefits, we need information about your medical, work, & education history to help us decide if you are disabled.
- Apply for help with your Medicare prescription drug costs.
- Apply for Medicare benefits.
- Check your application status for SSDI or Social Security Benefits. (Not available for SSI.)
- Request a Social Security Statement online sent by mail Get your personal earnings report & benefit estimates.
- Appeal our recent medical decision about your disability claim or continue the appeal you already started.
- Change your address or telephone number.
- Note: This is not available to persons receiving SSI.
- Get a replacement Medicare Card.
- Request a Proof of Income letter.
- (Get a letter that verifies your Social Security benefit information, Medicare or SSI)
- Get a Form 1099/1042S -- Social Security Benefit Statement. (Not available for SSI).
- Select or change the way you receive information from Social Security if you are blind or visually impaired.
- Request a Proof of Income letter. If you receive disability
- Apply for Medicare
- Apply to Retire

How to apply for Disability:

- Go online & fill out a application for SSDI (This is for those that have a work history)
<https://secure.ssa.gov/apps6z/iClaim/dib>
- Fill out a Adult Disability Report <https://secure.ssa.gov/apps6z/radr/radr-fe>
- At the end of your report, print out & sign
- SSA-827 Authorization to Disclose Information to SSA
- Mail or hand deliver to your local office SSA 827 & any medical records or information given to you by your doctor verifying your condition.
- Stay in touch with DDS (Disability Determination Service)
- An application with claimant cooperation can be approved in 90 days.

What if I am denied?

- Go online & file an appeal. Maybe SSA doesn't have all your information. Did your doctor send the records? Did you sign everything? An Appeal can turn into a YES.
<https://secure.ssa.gov/apps6z/iAppeals/ap001.jsp>

How do I apply for SSI?

A SSI application can not be done online.

Make an appointment with your local office or a phone interview. Explain what it is like to be you.

Example: Yes I can clean my house. BUT do you keep having to sit down? Do you have trouble sweeping reaching or holding objects?

Yes, I can dress myself. BUT Can you bend over to tie your own shoes? Do you have to sit down on the bed to put your pants on?

The point is, What could you do before that you have trouble doing now? This is not the time to let your pride get in the way. Really think... How has this disability affected my life.

Don't let disability get the best of you. Often you can become frustrated or even depressed. When answering these questions be honest with the SSA & yourself.

Need More Info Go to www.ssa.gov

SUPPORT GROUPS

<p>Alzheimer's Support Group Gaston Hospice 258 E. Garrison Blvd. Gastonia, NC A monthly support group for people who are caring for a loved one with Alzheimer's disease or other forms of dementia.</p>	<p>704-861-8405</p>
<p>Better Breathers Club (COPD support group)</p>	<p>704-671-7930</p>
<p>Diabetes Management Carolinas Medical Center Lincoln 433 McAlister Rd., Lincolnton, NC 28092 Classes, education, support sessions</p>	<p>980-212-6037</p>
<p>Hospice Cleveland County Reflections Support Group Monthly Memory Bear Workshop</p>	<p>704-922-8635</p>
<p>Gaston Hospice Bereavement Services Understanding grief after loss. Widowed Person's Lunch Brunch</p>	<p>Phone: 704-861-8405 Fax: 704-865-0590 www.Gastonhospice.org</p>
<p>Lincoln Cancer Support Group Gaston College/Lincolnton campus S. Aspen St., Lincolnton, NC 28093</p>	<p>704-735-8668</p>
<p>Lupus Support Group Lincoln County LiveWELL Carolinas at Northlake Mall Fact, Fiction and Hope Support Group for patients with lupus and their families</p>	<p>704-494-2237</p>

<p>P.R.I.D.E. Cancer Wellness Program CaroMont Health and Fitness Center 660 Summitt Crossing Place, Suite 302, Gastonia, NC 28054 Power to recover through individualized development and exercise Mon-Thurs 5:45am - 8:30pm Friday 5:45am - 7:00pm Saturday 7:45am - 12:00pm</p>	704-671-7930
<p>CaroMont Health Rehabilitative Services for Cancer Patients 640 Summitt Crossing Place, Suite 208, Gastonia, NC 28054</p>	704-671-5730
<p>Reach to Recovery CaroMont Cancer Center Gaston Memorial Hospital Trained volunteer breast cancer survivors provide emotional support and resources to women newly diagnosed with breast cancer. CaroMont Cancer Center Gaston Memorial Hospital</p>	704-671-7930

SUPPORT -- PEDIATRIC/OTHER COMMUNITY SERVICES

<p>Belmont Community Organization 1607 Rankin Lake Rd., Gastonia, NC 28052 Provides general assistance</p>	704-867-0905
<p>Family Support Network of the Foothills 312 W. Marion St., Shelby, NC 28150 This program offers support for families of children with special needs by providing a one-on-one parent match with a trained support parent for emotional support. assistance in finding community resources and sharing parenting experiences. Covers Cleveland, Gaston, Lincoln, Polk and Rutherford Counties</p>	704-480-5620
<p>Gaston Baptist Association 1607 Rankin Lake Rd., Gastonia, NC 28052 Provides emergency assistance</p>	704-867-0905
<p>Gaston Hospice Provides advanced directive clinics, support groups and grief and individual counseling for counseling for adults and children and an annual grief camp for children and their families</p>	704-922-4211
<p>Kids Path Hospice and Palliative Care Charlotte Region 1420 E. Seventh St., Charlotte, NC 28204 Program operates in Cabarrus, Catawba, Cleveland, Gaston, Iredell, Lincoln, Mecklenburg counties. Program for infants to eighteen years of age, provides home health care, hospice care or supportive care for seriously ill children and teens and their families. Support services include individual or group support and a grief camp--Chamelon's Journey--for children and teens.</p>	704-375-0100

Transportation

AAA Taxi 815 E Park Ave, Gastonia	704-861-0855
American Cancer Society's "Road to Recovery" <ul style="list-style-type: none"> ● Provides local transportation to and from cancer treatments. 	800-227-2345
BrightStar Care of Gastonia	704-691-0280
Cancer Care <ul style="list-style-type: none"> ● Offers limited financial help to cover treatment-related transportation and childcare costs. 	800-813-4673
Central Transportation (ACCESS) 816 N. Highland St., Gastonia, NC 28052 <ul style="list-style-type: none"> ● ACCESS bus does not run appointments made after 3PM Must have Medicaid or Medicare to qualify. Schedule at least 1 - 2 weeks in advance. For reservations call between 9am - 4pm Monday - Friday. 	704-862-7513 704-866-3206
Carolina Specialty Transport 438 East Long Avenue, Suite 2, Gastonia <ul style="list-style-type: none"> ● Full Size Paratransit vans with lifts. ● Provides wheelchairs and Geri Chairs free of charge. ● Oxygen and portable ramps available upon request 	704-824-2455
City Cab Co 720 W Airline Ave, Gastonia	704-867-4620
City of Gastonia Bus Line PO Box 1748, Gastonia, NC 28053 <ul style="list-style-type: none"> ● Transit services for disabled persons on established bus line. Mass transit within the city limits of Gastonia and Express buses. ● Monday - Friday 5:30am - 6:30pm 	704-866-6885

<ul style="list-style-type: none"> ● Saturday - 8am - 6:00pm <p>Fares for City of Gastonia Transit</p> <ul style="list-style-type: none"> ● Regular Bus Fare \$1.25 each time you board (Exact fare only) ● Regular Transfer FREE ● Elderly (65+) \$.60 ● Disabled & Handicapped \$.60 ● Elderly & Disabled Transfer FREE (Schedule at least 2-3 days in advance) ● Children 5 years & younger ride free when accompanied by paying adult passenger. ● To qualify for the elderly or handicapped reduced bus fare you will need one of the following forms of identification: <ul style="list-style-type: none"> ○ Proof of age (Age 65 or older) ○ Social Security Health Insurance Card (Red, White, and Blue Medicare Card) ○ Senior Citizen/Handicapped Bus Card (Applications available at Bradley Station) <p>Route Schedule</p> <p>Route 1 - Frankin Blvd</p> <p>Route 2 - S. New Hope</p> <p>Route 3 - S. Marietta</p> <p>Route 4 - S. York</p> <p>Route 5 - Edgewood</p> <p>Route 7 - Highland</p> <p>Route 8 - Hospital/Westfield</p>	
<p>Cleveland County Transit P.O. Box 3210, Shelby, NC 28151</p>	704-482-6465
<p>Five Star Transportation</p> <ul style="list-style-type: none"> ● Wheelchair or Geri Chair transport ● Oxygen is also available during transport ● Open 24 hours a day/7 days a week 	704-914-8997
<p>Gastonia ADA/Paratransit</p> <ul style="list-style-type: none"> ● Operates curb-to-curb van services for passengers with physical and mental disabilities. Appointments must be made no later than one (1) day prior to service date or up to fourteen (14) days in advance. ● Service in Gastonia City limits only \$2.50 per trip ● Monday - Friday 5:30am - 6:30pm ● Saturday 8am - 6pm 	704-866-6855

<p>Handicap Vehicle Accessories rentals and sales</p>	<p>1-866-227-7690</p>
<p>Metro Cab 1104 E Ozark Ave · Gastonia, NC</p> <ul style="list-style-type: none"> ● Wheelchair van available ● Portable ramp available 	<p>704-852-4147</p>
<p>Transportation Administration Of Cleveland Co. 952 Airport Rd, Shelby, NC</p> <ul style="list-style-type: none"> ● To make a Reservation: ● To register: ● Rate: \$1.67 per van mile (ride share) plus .25/hr if driver has to wait on passenger. ● NC Rural Transportation Cost \$1.25 ● Medicaid patients free if eligible 	<p>704-482-6465 704-487-0661 Ext. 599</p>
<p>Transportation of Lincoln County 435 Salem Church Rd., Lincolnton, NC</p> <ul style="list-style-type: none"> ● A fully coordinated, public transportation system that operates for DSS, elderly, disabled, and the general public of Lincoln County. <ol style="list-style-type: none"> 1. Medicaid covered appointments - <ul style="list-style-type: none"> Authorization and approval for services..... 704-732-3471 To schedule transportation services..... 704-736-2030 2. Elderly or Disabled Services covered appointments <ul style="list-style-type: none"> Authorization and approval for services..... 704-736-8492 To schedule transportation services..... 704-736-2030 3. Services for the Blind covered appointments <ul style="list-style-type: none"> Authorization and approval for services..... 704-862-7622 To schedule transportation services..... 704-736-2030 4. Veterans Services covered appointments <ul style="list-style-type: none"> Authorization and approval for services..... 704-736-8506 To schedule transportation..... 704-736-2030 	<p>704-736-2030</p>

Transitional Housing

Temporary Housing with services to help persons & families reach permanent housing.

Adams's House

2098 Keith Drive, Gastonia, NC 28053

- Residential program for men 18-21 years.
- Offsite care management for women and men 18-21 also available.

704-691-7116

Catherine's House, Inc.

PO Box 1633, Belmont, NC 28012

24 hours /7 days

- Three month residential program for single women & women with children only. Screening Required.

704-825-9599

Family Promise

PO Box 67, Gastonia, NC 28053

- Homeless Married couples or single parents with children.

704-854-9880

Florence Crittenton Services

1300 Blythe Blvd., Charlotte, NC

- For women while they are pregnant.

704-372-4663

Gastonia's Potters House

PO Box 322, Lowell, NC 28098

24 hours/ 7 days

- Residential program for single women with substance abuse.

704-824-3698

Off The Streets

1114 W. Rankin St., Gastonia, NC

- Program geared for women struggling with addictions to learn to live without drugs & become responsible members of society.

704-214-3331

Oxford House 315 3rd St., Gastonia, NC 28052 <ul style="list-style-type: none"> For men in recovery from substance abuse. Individual should be in recovery at least 3 months & have some form of income. An Oxford House describes a democratically run, self-supporting and drug free home. Each house represents a remarkably effective and low cost 	704-671-4376
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Victims of Domestic Violence

The Shelter of Gaston County- A Residence and Resource Center N. Marietta St., Gastonia, NC 28054	704-852-6000 Crisis Line
Catherine's House 400 Mercy Drive, Belmont, NC 28012	704-825-9599
Domestic Violence Shelter Gaston Co. Civil Clerk's Office	704-852-3179
DV Court Advocate	704-862-6682
District Attorney Victim/ Witness Program	704-852-3285 704-852-3285
Gaston County Police	704-866-3320
Gastonia DV Coordinator	704-854-6608
Jail	704-869-6880
King's Daughters of Stanley- Domestic Violence Shelter 357 N. Main St., Stanley, NC 28164	704-865-2357 704-865-2359
Magistrate Office	704-852-3310
Pre Trial Release	704-852-3308

Probation and Parole	704-853-5350
Sherriff's Office	704-869-6880
Child Abuse Line (Daytime only)	704-862-7555
Child Abuse Line (After Hours)	704-865-2331
Adult or Elderly Abuse Line	704-862-7375
Rape Hotline	704-864-0060
Sexual Assault Crisis Line	704-864-0060
Impact - <ul style="list-style-type: none"> • 26 week batterer intervention (court or self-referral) - men only. 	980-721-7268
National Domestic Violence Hotline	800-799-7233
LINCOLN COUNTY	
Amy's House Lincolnton, NC <ul style="list-style-type: none"> • Domestic violence shelter for families in Lincoln Co. 	704-736-1224
Lincoln Co. Coalition Against Domestic Violence- PO Box 476, Lincolnton, NC 28092	704-736-1224-Crisis Line 704-736-0112
CLEVELAND COUNTY	
The Abuse Prevention Council PO Box 2589, Shelby, NC 28151 <ul style="list-style-type: none"> • Lighthouse Shelter • For victims of domestic violence & sexual assault. 	704-481-0043- Hot line 704-487-9325 x 12 (dir.)
MECKLENBERG COUNTY	
Safe Alliance -Victim Assistance 720 East 4th St., Suite 204	704-336-4126 704-332-2513

- Charlotte, NC Shelter for battered women.

Veteran Services

Access Transportation

816 West Mauney Avenue, Gastonia, NC 28052

www.gaston.gov/de

Phone: 704-866-3207

Fax: 704-866-3220

Cleveland County Veteran Services

311 E Marion St., Shelby, NC

704-484-4803

Department of Veterans Affairs

800- 827-1000

DHHS Adult and Aging Services

330 N. Marietta Street, Gastonia, NC

704-866-7500

Employment Security Commission

- Veteran Service, job placement.

704-853-5328 x 250

Goodwill Job Services

412 S. Broad Street, Gastonia, NC

704-916-1610

National Military Personnel Records Center

9700 Page Ave, St. Louis, MO 63132

314-801-0800

NC Works Career Center

1391 Bessemer City Rd., Gastonia, NC 28052

Hours: 8:30am - 4:30pm

Veteran Service, job placement

704-853-5328

Rutherford Vet Center Outstation 303 Fairgrounds Road Spindale, NC 28160 Kevin.Hendrickson@va.gov	Phone: 828-288-2757 Fax: 828-288-2732
Tri County Blinded Veterans Association 519 W Franklin Blvd., Gastonia, NC 28052 <ul style="list-style-type: none"> • Meets on the 4th Tuesday of the month every 3 months. 	704-862-7622
United Veterans of America 4025 W. Franklin Blvd., Bessemer City, NC 28016	704-868-4674
VA Medical Centers <ul style="list-style-type: none"> • Asheville, NC • Durham, NC • Fayetteville, NC • Salisbury, NC 	828-298-7911 800-932-6408 919- 286-0411 888-878-6890 910- 488-2120 800-771-6106 704-638-9000 800-469-8262
VA Medical Center 1601 Brenner Ave, Salisbury, NC <ul style="list-style-type: none"> • Residential care & services 	704-638-9000 800-469-8262
VA Outpatient Clinics Charlotte, NC Hickory, NC	704- 597-3500 828- 431-5600
VetAssist Helping veterans and spouses receive home care with no out-of- pocket costs	888-314-6075
Vet Center 2114 Ben Craig Drive, Suite 300, Charlotte, NC 28262	704-549-8025

<p>Veterans Affairs (North Carolina)</p> <ul style="list-style-type: none"> ● Counseling of veterans and assistance with completion of applications for federal and state benefits. 	<p>919-807-4250</p>
<p>Veterans Services (AMVETS) PO Box 174, Gastonia, NC 28053</p> <ul style="list-style-type: none"> ● AMVETS members only take and process claims for timeliness and accuracy. 	<p>704-868-4674</p>
<p>Veterans Services of Gaston City. 965 Roberts Dr., Gastonia, NC 28054 8:30 AM-5 PM</p> <ul style="list-style-type: none"> ● Hospital treatment, insurance and medication for veterans. 	<p>704-866-3606</p>
<p>Veteran Services of Lincoln County 206 Gamble Drive, Lincolnton, NC 28092</p>	<p>Phone: 704-736-8506</p>
<p>VFW 3250 W. Franklin Blvd., Gastonia, NC</p>	<p>704-864-7621</p>

HELPLINE NUMBERS

Accessible Living Programs	800-755-5749
Adult/Elderly Abuse	704-862-7515
AIDS Hotline	800-342-2437
Alcohol Drug Council of NC	800-688-4232
Alcohol/Drug Information	800-729-6686
Alcoholics Anonymous	704-865-1561
American Council for Drug Ed.	800-378-4435
Child Abuse (after hours)	704-865-2331
Child Abuse (daytime)	704-862-7555
Cocaine Anonymous	800-347-8998
Covenant House hotline (TEEN Helpline)	800-999-9999
Crisis TEXT line Text HOME to 741741	
Ctr. for Substance Abuse	301-443-5700
Disability Advocacy	800-772-1213
Eye Care Project (65 or older)	800-222-3937
Families Anonymous Support for family members of those struggling with addiction	800-736-9805
Gamblers Anonymous	213-386-8789

Gaston County 24 hour crisis line - battered women	704-852-6000
Impact G/L (Family Violence Services)	980-721-7268
Intervention Services (National Council on Alcoholism and Drug Dependence)	800-622-2255
Marijuana Anonymous	800-766-6779
Medicine Savings (Discount Cards)	800-511-1314
Narcotics Anonymous	980-200-9349
Nat'l Alliance for Mentally Ill	800-950-6264
Nat'l Domestic Violence Hotline	800-799-7233
Nat'l Health Info. System	240-453-8280
Nat'l Institute for Drug Abuse	301-443-1124
Nat'l Recovery Systems	800-303-2873
National STD Hotline	800-227-8922
Nat'l Suicide Prevention Line	800-273-8255 or 800-799-4889
NC Gambling Helpline	877-718-5543
Pharmaceutical Patient Asst.	800-762-4636
Poison Control	800-222-1222
Rape Hotline	704-864-0060
Runaway Hotline	800-621-4000
Sexual Assault Crisis Line	704-864-0060
Social Security Admin.	800-772-1213
Suicide Hotline	800-784-2433
SUWS of the Carolinas <ul style="list-style-type: none"> ● Treatment programs for youth 10-17.6 ● Behavioral issues, drug and alcohol, low self esteem 	866-828-0178
Veterans Administration- Benefits Assistance Service	800-827-1000

PROCESS TO HELPING PATIENTS AFFORD MEDICATIONS

Federal Poverty Level calculator: http://www.needymeds.org/fpl_calculator

No prescription insurance

Is the patient eligible for Medicaid? Healthcare exchange? <https://www.healthcare.gov/get-coverage/>

- Cheap plans on the healthcare exchange are likely to give horrible drug coverage

If Medicare: Check patient's enrollment using patient's Medicare card

- <https://www.medicare.gov/find-a-plan/enrollment/check-enrollment.aspx>

○ Medicare plan finder – personalized search.

<https://www.medicare.gov/find-a-plan/questions/home.aspx?Language=English>

- Type in drugs and will give lowest cost plan

If Medicare: See if eligible for Dual Eligible status (Medicare Savings Program=MSP)

- This ultimately goes through the local Medicaid office (social services). Takes 3 weeks to determine if patient is eligible
 - Human Arc (Premium Assist) 1-877-236-4471
 - Gaston County Department of Health and Human Services

330 North Marietta Street

Gastonia NC 28052

704-862-7500

Apply online at: <http://dma.ncdhhs.gov/medicaid/get-started>

- Have Gaston county patient contact NC SHIIP agent volunteers located in Dallas at 704-922-2111 to set up appointment.
 - Patient should tell them their medications so they can search cheapest drug plans
- Other county residents find a SHIIP agent:
http://www.ncdoi.com/SHIIP/Search_For_a_Counselor_By_County.aspx
- Request paper form over the phone by calling full time NC SHIIP state employees at 855-408-1212, press 2 for English, then 1.
- Call Medicare @ 1-800-633-4227

If Medicare: See if eligible for low income subsidy (LIS = Medicare Extra Help)

- This ultimately goes through the social security office. Award letters produced within 10-14 business days.
 - Request paper form over the phone by calling local social security office @ 1-800-772-1213 (TTY: 1-800-325-0778) or
 - Apply online at <https://www.ssa.gov/medicare/prescriptionhelp/> or
 - Human Arc (Premium Assist) 1-877-236-4471
 - Have patient contact NC SHIIP agent volunteers located in Dallas at 704-922-2111 to set up appointment, or
 - Call SHIIP full time state employees at 855-408-1212, press 2 for English, then 1. They can fill out online application for patient over the phone.

If Medicare: See if eligible for chronic special needs plan (C-SNP) – still has donut hole

- Give patient information for a SHIP agent and tell SHIP agent they have a chronic heart condition, diabetes, or COPD
 - http://www.ncdoi.com/SHIP/SHIP_County_Sites.aspx

1. Look for \$4 generics (90 day supply may have bigger discount)

- <http://www.goodrx.com/> - see where drug is cheapest
 - http://www.needymeds.org/DiscountDrugProgram.taf?_function=list&state=North%20Carolina - \$4 generic pharmacies in NC
 - **Not** best practice to have patient use multiple pharmacies for cheapest prices on drugs – stick to one pharmacy whenever possible

1. Patient Access Network – need to meet income requirements

- <https://www.panapply.org/>
- For “chronic or life threatening illnesses whom cost limits access”
- Diseases like Hepatitis B and C, cancers, rare diseases (not diabetes)

1. Copay Relief

- <https://www.copays.org/diseases>
- Similar to Patient Access Network

2. If HIV positive, have patient apply for NC HIV ADAP <http://epi.publichealth.nc.gov/cd/hiv/adap.html>

3. If Cleveland County resident, and drug(s) for mental health, go to

<http://www.mhasouthmountains.org/emergency-medication-form/>

- \$50 per patient per year, more awarded on individual basis

4. If NC resident: Go to NC Med Assist - <http://medassist.org/>

- Helps with brand and generic meds, non-Mecklenburg county formulary
- Needs to be <200% FPL monthly income
- They don't verify if tax information is correct – they don't have resources to verify all that
- First fill of meds is always 30 day, then 90 day after. Patient can take paper rx with application paperwork to NC Med Assist
- More info near end of this document

5. If SC resident, go to <http://www.welvista.org/qualify.asp>

- Similar criteria to qualify as NC med assist – mostly for uninsured patients

6. If a Health Net patient that is seen by Caromont provider, they can use the HealthNet Gaston medication assistance program.

- They assist patient get enrolled in drug company PAP programs, \$6 dispensing fee/med
- They can assist patients in finding their other meds at the cheapest place

Discount savings drug cards – select pharmacies participate, negotiated lower prices

- Good Rx savings card or <http://www.goodrx.com/> - also has coupons
- North Carolina Drug card - <http://northcarolinadrugcard.com/about.php>
- WellCard Savings – have to go to website and sign up, appears tedious
<https://www.wellcardsavings.com/Default.aspx>
- Downside is that claims run using the card is used to collect information on the patient, information to sell or use, send mail, call, etc.

7. See if office has samples to offer patient

- Short term solution until can apply for PAP – samples run out
- 8. Look for Patient assistance programs (PAP) or coupons (brand name only medications)
 - www.rxassist.org – type in drug and look for PAP program
 - <https://www.rxhope.com/Prescriber/MedSearchHome.aspx> - search by brand name drug or pharmaceutical company
 - <http://www.goodrx.com/> - also has coupons available
 - <https://www.pparx.org/> - type in pts meds and site searches for you
 - IF a HealthNet Gaston patient – can refer to Gaston Family Health Services medication assistance program – note \$6 dispensing fee/90 day supply of drug
 - Transition of care patients – Trevor Lane, LaneTR@lilly.com. Yellow voucher for Lilly insulins
- 9. Gaston Heart Society – has limited money each month and only certain meds covered
 - See Heart Society referral criteria
- 10. See if patient can use tablet splitting to save on cost – make sure provider changes Rx to reflect tablet splitting so patient does not look non-adherent. Consult pharmacist if needed.

Medicare Part D, but problems affording meds or in coverage gap (donut hole)

Patients can find out if they are in the coverage gap by referring to their monthly explanation of benefits (EOBs) that are sent to them.

1. Has the patient met their yearly deductible yet? Meds are very expensive until this is met.
2. Is patient going to a preferred pharmacy on their insurance plan?
3. If Medicare: See if eligible for Dual Eligible status (Medicare Savings Program=MSP)
 - a. This ultimately goes through the local Medicaid office (social services). Takes 3 weeks to determine if patient is eligible
 - Human Arc (Premium Assist) 1-877-236-4471
 - Gaston County Department of Health and Human Services

330 North Marietta Street

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 - Patient should tell them their medications so they can search cheapest drug plans
 - Other county residents find a SHIP agent:
 - http://www.ncdoi.com/SHIP/Search_For_a_Counselor_By_County.aspx
 - Request paper form over the phone by calling full time NC SHIP state employees at 855-408-1212, press 2 for English, then 1.
 - Call Medicare @ 1-800-633-4227
1. If Medicare: See if eligible for low income subsidy (LIS = Medicare Extra Help)
 - This ultimately goes through the social security office. Award letters produced within 10-14 business days.
 - Request paper form over the phone by calling local social security office @ 1-800-772-1213 (TTY:

1-800-325-0778) or

- Apply online at <https://www.ssa.gov/medicare/prescriptionhelp/> or
- Human Arc (Premium Assist) 1-877-236-4471
- Have patient contact NC SHIP agent volunteers located in Dallas at 704-922-2111 to set up appointment, or
- Call SHIP full time state employees at 855-408-1212, press 2 for English, then 1. They can fill out online application for patient over the phone.

o Medicare plan finder – personalized search.

<https://www.medicare.gov/find-a-plan/questions/home.aspx?Language=English>

- Type in drugs and will give lowest cost plan

- o <https://www.medicare.gov/your-medicare-costs/help-paying-costs/save-on-drug-costs/save-on-drug-costs.html>
- o <https://www.medicare.gov/sign-up-change-plans/when-can-i-join-a-health-or-drug-plan/when-can-i-join-a-health-or-drug-plan.html#collapse-3190>
- o www.benefitscheckup.org

1. Is the drug on the insurance plan formulary? Is it a higher tier? Need patient's specific prescription drug insurance plan, then can go to look it up at <http://www.ncahc.org/>.
2. Look for generic options or \$4 generics (90 day supply may have bigger discount)
 - o Make sure patient still uses insurance for these drugs
 - i. Helps the insurance see the patient as adherent/compliant
 - ii. Every little bit of money contributes to them spending their way out of donut hole
- 3.
4. If Humana Medicare plan, see if patient would want mail order 90 days supplies. Many generic co-pays are free.
- 5.
6. Have patient call insurance and request tier exemption, which can bring down copays to lower tier depending on the appeal. *Note have to have another drug in same class that is generic in order to do this.
7. Patient Access Network – need to meet income requirements
 - o <https://www.panapply.org/>
 - o For “chronic or life threatening illnesses whom cost limits access”
 - o Diseases like Hepatitis B and C, cancers, rare diseases (not diabetes)
8. Copay Relief
 - o <https://www.copays.org/diseases>
 - o Similar to Patient Access Network
9. If HIV positive, have patient apply for NC HIV SPAP (<https://www.medicare.gov/pharmaceutical-assistance-program/state-programs.aspx>)
10. If Cleveland County resident, and drug(s) for mental health, go to <http://www.mhasouthmountains.org/emergency-medication-form/>
 - o \$50 per patient per year, more awarded on individual basis
1. Go to NC Med Assist - <http://medassist.org/>
 - o Helps with brand and generic meds, specific formulary
 - o Senior care program for Medicare patient and < 200% FPL – Susie Davis is contact
1. See if office has samples
 - o Short term solution until can apply for PAP or other program– samples run out

- **Downside** with using PAP, coupon or samples is that insurance thinks patient non-adherent, medication costs do not go towards spending out of donut hole, lower meaningful use, and may lead higher use of more expensive drugs with further problems down the road of patient not able to afford their medications.
1. Look for Patient assistance programs (PAP) or coupons (brand name only medications)
 - **Can't use coupons with government insurance – use one or the other for each drug**
 - Cash price with coupon alone may be lower than cost while patient is in donut hole
 - Costs also do not go towards spending out of donut hole, patient appears non-adherent, and lower meaningful use.
 - www.rxassist.org – type in drug and look for PAP program
 - <https://www.rxhope.com/Prescriber/MedSearchHome.aspx> - search by brand name drug or pharmaceutical company
 - <http://www.goodrx.com/> - also has coupons available
 - <https://www.pparx.org/> - type in pts meds and site searches for you
 1. Rx Helper – per one of the patients
 1. Gaston Heart Society – has limited money each month and only certain meds covered
 - See Heart Society referral criteria
 1. Try nebulizer if COPD or asthma drug that is unaffordable
 - Pharmacy may be able to bill Medicare part B for nebulizer and drug
 - Brovana – directions included – contact Tom Henry
 1. Try using discount savings drug cards
 - **Can't use discount card with any insurance – use one or the other for each drug**
 - Best to use when drug is not covered by plan, such as dermatology medications
 - To be useful, has to have bigger discount than Medicare, which has 55% discount on brand name meds, and 35% discount on generic meds when patient is in coverage gap.
 - Costs also do not go towards spending out of donut hole, patient appears non-adherent, and lower meaningful use.
 1. See if patient can use tablet splitting to save on cost – make sure provider changes Rx to reflect tablet splitting so patient does not look non-adherent. Consult pharmacist if needed.
 1. Simple Fill – Company researches affordability options for patient. If a patient is eligible for manufacturer PAP, they enroll patient. Monthly service fee of \$45/month for one medication, 2-5 meds is \$85/month, etc.
 - <http://simplefill.com/common-questions/>
 - If not PAP to enroll patient in, grant money is applied for with min of \$2000 to be used towards cost of medication. Monthly service fees still apply.
 - **Not recommended unless no help to fill out PAP paperwork**
 1. Prescription Hope
 - <https://prescriptionhope.com/quick-answers/>
 - Works with manufacturers to get patients brand name medications at \$25/month
 - **Not recommended unless no help to fill out PAP paperwork**

Private Insurance, but hard to afford meds

1. Has patient met their deductible yet? Health care exchange insurances, especially cheaper plans (ex. Bronze

plans) have high deductibles.

2. Is patient going to a preferred pharmacy on their insurance plan?
3. Is the drug on the insurance plan formulary? Is it a higher tier? Need patient's specific prescription drug insurance plan, then can go to look it up at <http://www.ncahc.org/>. Or simply have patient contact insurance to see if cheaper alternatives are available.
4. Look for generic options or \$4 generics (90 day supply may have bigger discount)
 - Make sure patient still uses insurance for these drugs
 - Helps the insurance see the patient as adherent/compliant
5. Try using discount savings drug cards
 - **Can't use discount card with any insurance – use one or the other for each drug**
 - Best to use when drug is not covered by plan, such as dermatology medications
 - Goodrx also has coupons – cash price with coupon may be lower than cost for patient with insurance, even has coupons for generics (like antibiotics)
 - Costs also do not go towards spending towards deductible; patient appears non-adherent, and lower meaningful use.
6. Patient Access Network – need to meet income requirements
 - <https://www.panapply.org/>
 - For “chronic or life threatening illnesses whom cost limits access”
 - Diseases like Hepatitis B and C, cancers, rare diseases (not diabetes)
7. Copay Relief
 - a. <https://www.copays.org/diseases>
 - b. Similar to Patient Access Network
8. If HIV positive, have patient apply for NC HIV ADAP <http://epi.publichealth.nc.gov/cd/hiv/adap.html>
9. If Cleveland County resident, and drug(s) for mental health, go to <http://www.mhasouthmountains.org/emergency-medication-form/>
 - \$50 per patient per year, more awarded on individual basis
10. See if office has samples
 - Short term solution until can apply for PAP – samples run out
 - **Downside** with using PAP, coupon or samples is that insurance thinks patient non-adherent, lower meaningful use, and may lead higher use of more expensive drugs with further problems down the road of patient not able to afford their medications.
11. Look for Patient assistance programs (PAP) or coupons (brand name only medications)
 - Patient appears non-adherent, gets patient started on high cost drugs and dependent on PAP program, and lower meaningful use.
 - www.rxassist.org – type in drug and look for PAP program
 - <https://www.rxhope.com/Prescriber/MedSearchHome.aspx> - search by brand name drug or pharmaceutical company
 - <http://www.goodrx.com/> - also has coupons available
 - <https://www.pparx.org/> - type in pts meds and site searches for you

12. Gaston Heart Society – has limited money each month and only certain meds covered

- See Heart Society referral criteria

13. See if patient can use tablet splitting to save on cost – make sure provider changes Rx to reflect tablet splitting so patient does not look non-adherent. Consult pharmacist if needed.

DM meds

Try **American Diabetes Association Prescription Assistance** 1-800-342-2383 per SHP email 10/19/15 Fwd: RE: Secure Mail: Preferred meds – this is no help

Bristol-Myers Squibb	Onglyza - saxagliptin
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Novo Nordisk	Levemir	Patient can get both levemir and novolog? Simple Fill said a patient could.
	Novofine needles	
	Novolin 70/30	
	Novolin N	
	Novolin R	
	Victoza	
	Novolog	

Eli Lilly	Humalog 75/25	-Lilly TruAssist works with Medicare part D depending on income - need to spend \$1100 TRoop and <300% of FPL when in D donut hole -Lilly coupon and voucher center 1-866-923-1953
	Humulin	
	Humulin mix 50/50	
	Humalog	

Merck	Januvia
	Janumet

Sanofi	Lantus	-Medicare part D patients are eligible... see below -Also private insurance if income < 250% of FPL. -\$25 lantus/free lantus 800-981-2491 per SHP email 10/19/15 Fwd: RE: Secure Mail: Preferred meds - Toujeo gives help, ask David
	Apidra	
	Toujeo – only dials up to 80 units	

Sanofi call 9/30/15 @ 1500

Process of determining if patient is eligible:

1. Benefits verification first – If Medicare part D, then following apply:
 2. Must have income < 250% federal poverty level. Sanofi does income eligibility by soft credit inquiry – they plug into database for estimate into income. Patient doesn't have to provide information.
 3. Then patient needs to have 5% spend down amount (which is they have to pay down 5% of total household income). Manufacturer team calls insurance to see how much money patient spent, then they get meds free.
 4. Takes 24 to 48 hours for benefits inquiry, then 24-48 hours for determination period (soft credit check), then if approved, takes 3-5 days to get to MD office.
 5. Get patient to consent to being a representative (if patient agrees), then we get updates on his information
- **I permit sanofi to speak with ___ on my behalf. We call in to check.

Eligibility end date is December 31, 2015 with all Medicare Part D patients.

Per Laura @ Sanofi 10/14/15 @ 1510

If private insurance but "functionally uninsured," then can apply for PAP program.

1. If total income less than 250% of FPL, then can apply and are evaluated for eligibility.
2. If not eligible for PAP program, then will be referred for co-pay reduction card

Per Lilly coupon and voucher center 1-866-923-1953 on 3/22/2016

Spoke to Wally – voucher can only be used once per patient – only good for one fill. Doesn't go towards coverage gap spending.

NovoNordisk

Per Lisa Saxson, PAP requires documentation that patient is in the donut hole when patient applies.

- Use EOB that gets sent out to the patients.

NC Med Assist Details

Hello Heather:

Thank you for the opportunity to come and share about NC MedAssist. Below I have listed all of the information about our teams so you can share it with your staff.

We have divided the patients according to the first initial of their last names. Limary and Irma assist all Spanish speaking clients.

Social Worker	Patient's Last Name	Direct Phone Number	Email Address
Limary Cruz (Bilingual)	A-E	(704) 350-3577	lcruz@medassist.org
Leslie Chisholm	F-L	(704) 350-3572	lchisholm@medassist.org
Irma Hogan (Bilingual)	M-S	(704) 350-3570	ihogan@medassist.org
Kim Dezelle	T-Z	(704) 350-3564	kdezelle@medassist.org

Please check our website often to view the most up to date list of available medications www.medassist.org.

While the social workers assist in enrolling patients into the program, our pharmacy works with filling the prescriptions. Your questions regarding prescription refills or inquiries about whether or not the prescriptions have been filled should be directed to the pharmacy. You can reach the pharmacy by calling them directly at 704-943-9705 if you would like to speak with a pharmacist. This is the direct line to the pharmacists so please do not share this number with patients. Always e-scribe or fax new prescriptions to the pharmacy directly at 704-536-9812

COPD meds

Astra Zeneca	Symbicort	-No PAP available, but can get rx savings program for Medicare Part D or no insurance -AZ and Me gives meds for free per Gina Ramsey – can get link via goodrx.com
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Boehringer Ingelheim	Spiriva	Have to find link via goodrx.com, not on rxhope
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<p>GlaxoSmithKline -Bridges to Access -GSK Access</p>	<p>Advair diskus Advair HFA Serevent Ventolin</p>	<p>-For patients with no insurance, <250% of FPL -GSK Access – Medicare Part D with FPL</p>
<p>Schering Laboratories</p>	<p>Foradil</p>	<p>No insurance, <200% FPL. Hospital replacement program-hospital must call</p>
<p>TEVA</p>	<p>Proair</p>	<p>No insurance, <200% FPL.</p>
<p>Sunovion</p>	<p>Brovana – arformoterol neb Try when patient is in the donut hole for Medicare Part D If the DME can bill correctly for the neb and drug, can bill on Part B. Need the diagnosis codes – see the drug rep handout on how to do this.</p>	<p>Sales rep, Jeremy can be reached directly at 704-491-2317 DME companies in Gastonia area: AHP 600 Town Centre Blvd Pineville, NC 28132 704-889-0095 Adult and Pediatric Services info is: APS 2311 Aberdeen Blvd Gastonia, NC 28054 704-866-9797</p>
<p>“Alternatives”</p>		
<p>LABA pulmonary</p>	<p>Formoterol neb (perforomist) arformoterol neb (brovana)</p>	

Corticosteroids DME suppliers	Budesonide (pulmicort) BID ICS regimen used by Dr. Banerjee office for patient needing nebs (+Duoneb QID) Learned this per Cigna HS CROM program transcript. Budesonide was not covered though.	Used by Dr. Banerjee office Apria Healthcare 3845 Shopton Road, Suite 300 Charlotte NC 704-588-8556 Delivers O2 and nebulizers
SABA/LAMA	Duoneb QID albuterol	Used by Dr. Hendler office American Health Services Gastonia 704-824-5144 ABC pharmacy (1-877-999-0049) is via mail order. LA based. 704-868-3132 – On Ozark, Griffin home health care bills DME equipment only. Walgreens can bill DME. DSD sometimes but hasn't in 2017.

Nutritional supplements (Boost)

- Not covered by insurance unless is source of sole nutrition (such as tube feeds for patients on PEGs)
- Meredith (dietary) at hospital has donated Boost and nutrition for cancer patients
- Employees can purchase nutritional supplements at wholesale price, need to contact dietary dept. **Not patients.**

Naloxone (2/20/17)

- Uninsured < \$100,000 income – Evzio PAP
- Medicare drug plan: Narcan nasal spray, then CPESN pharmacy
- Medicaid – Narcan nasal spray
- Commercial insurance – Narcan nasal spray, then Evzio coupon or naloxone kit

For Caromont:

All patients Narcan first, if cost is too much have them call office and notify cannot afford. Then refer to care coordination.

Naloxone kit built by pharmacies - \$60 total – Akers Pharmacy is confirmed to have in stock

Naloxone used to be \$1/mL, now is \$20/mL. On many insurance plans as generic copay however this is the most complex option - both billing and administration of the drug. Only select community pharmacies offer this service. Kits are typically built using two naloxone 2mg/2mL pre-filled Luer-Lock needless syringes and two intranasal mucosal atomizing devices.

Rx: Naloxone kit for intranasal use. #1 (two pack). Spray 1mL into each nostril as directed PRN opioid overdose

Evzio (naloxone IM auto injector that talks to bystander) - \$4500 (600% increase since 2014). Not covered on many plans however coupons and patient assistance programs exist to get patients this for free in some cases. FDA recently approved a 2mg/0.4mL auto injector. The 0.4mg/0.4mL auto-injector will stop being made but is still okay to use.

Example Rx: Evzio 2mg. #1 (two pack). PRN for opioid overdose.

Narcan (naloxone nasal spray) - used to be \$125 in 2016, now is \$150. Covered on most insurance plans however there is a brand copay. Preferred therapy on NC Medicaid. Simplest option. Each nasal spray is 4mg/0.1mL. FDA recently approved a 2mg nasal spray (not out yet).

Rx: Narcan nasal spray 4mg. #1 (two pack). Administer as directed PRN for suspected overdose.

As the simplest approach, for all patients who need naloxone, consider first prescribing Narcan nasal spray. If the patients states he/she cannot afford this, please refer the patient to care coordination.

As a reminder, NC law allows pharmacists to dispense naloxone under a statewide standing order without a physician prescription. Further information on naloxone prescribing is available at: <http://prescribetoprevent.org/prescribers/palliative/>

Tom,

Yes, I agree with your screenshot as long as more specific instructions are provided to a family member when teaching about the medication.

This is another alternative to be more specific:

Narcan (Naloxone) 4 mg/Actuation Nasal Spray

1 spray in one nostril x1. May repeat dose every 2-3 minutes until patient responsive or EMS arrives.

This should fit in the administration instructions text box.

Thanks,
Leanne

Cardiology meds

Heart Society

- May help with filling meds
- But has limited quantity of money each month

Heart Society referral criteria: (see email 10/28/2015 Renee Lawing)

- Live in Gaston County
- Take some type of cardiac medication: BP med, statin, diabetic med, heart med such as a Beta Blocker, Ca+ channel blocker, ace inhibitor, etc.
- That is it! And they need to have a need for assistance to get their medications.

Lovenox help – per Renee Lawing

- Cannot fill lovenox rx from anyone other than a hospitalist – NOT even a cardiologist seeing them in the hospital

Per Hope email 11/5/15

- No way to determine if patient has applied for Medicaid, medicare/Medicaid, medicare extra help. You have to ask the patient.

Caromont Benefit Eligibility Specialists

- Works strictly with selfpay population. They make determination if patient meets criteria for Medicaid, ssa disability, charity, ACA, HNG, etc.

anticoagulants

Johnson and Johnson Jjpaf.org	Xarelto	-spoke to rep 1/30/17. Medicare Part D member has to spend 3% OOP first. Then will get a pharmacy card that pharmacist runs without medicare card. Will be \$0 copay.
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