

# Wallet Medication Card

## How to Use Your Wallet Medication Card

Your wallet medication card can help you and your family keep track of everything you take to keep you safe and healthy. Having your medication list in one place also helps your physician, pharmacist, hospital, and other healthcare staff take better care of you. Keep this card with you, and share it with all of your doctors at all of your visits. Be sure to keep it up-to-date; add new items and cross out any medicines when you stop taking them.

- Fill out the entire medication card below.
- Include everything you are taking, your vaccines and important names and phone numbers.
- Cut along the dotted line to remove the top portion of this page
- Fold the paper in half lengthwise, then letterfold to fit nicely inside your wallet.



Medication	Dose	How & when I take it	Reason I take it	Start Date	Stop Date
1					
2					
3					
4					
5					
6					
7					
8					
9					
10					
11					
12					

Fold Here

**Allergies: (List Medicines, latex, food and description of reaction)**  
 \_\_\_\_\_  
 \_\_\_\_\_

Date of most recent adult immunizations:

Pneumonia \_\_\_\_\_  
 Flu \_\_\_\_\_  
 Tetanus \_\_\_\_\_  
 Hepatitis \_\_\_\_\_

Primary Physician / Phone # \_\_\_\_\_  
 Primary Pharmacy / Phone # \_\_\_\_\_  
 Emergency Contacts / Phone # \_\_\_\_\_

Write down everything you take, how much, how you take it and the reason why you take it. Include:

- All prescription medication
- Sample medications
- Over-the-counter medications
- Vitamins and herbal products



**MEDICATION CARD**  
 for  
 \_\_\_\_\_  
 (name)



Keep this card with you at all times. Show it to all of your doctors at every visit and share it with your pharmacist.