



CaroMont Health

Gaston County

Community Health Needs Assessment 2015

Leading Causes of Death

	2009 – 2013	2007 – 2011
Heart Disease	2,296 deaths	2,396 deaths
All Cancers	2,253 deaths	2,189 deaths
Chronic Lower Respiratory Disease	836 deaths	769 deaths
Stroke	491 deaths	466 deaths
Alzheimer's Disease	478 deaths	Unintentional Injury 405 deaths

Ranked Health Issues from Quality of Life Survey

2015	2012
1. Obesity	1. Obesity
2. Illegal Drug Use	2. Illegal Drug Use
3. Teen Pregnancy	3. Teen Pregnancy
4. Alcohol Abuse	4. Alcohol Abuse
5. Prescription Drug Use	5. Prescription Drug Use

Priorities

Gaston County DHHS

1. Integration of Mental Health Resources in Delivery of Physical Health Services
2. Childhood Obesity
3. Improve Family Function
4. Senior Livability & Support

CaroMont Health

1. Increase mental health services provided in primary care clinics
2. Redesign opioid prescribing standards to decrease narcotics abuse
3. Provide services to lower obesity and diabetes rates

CaroMont Health's Strategic Plan FY'17

Pillar: Community

Goal: To be our community's trusted partner in health

- **Top Line Objective** – Increase the spread of successful CaroMont Health population management methods to CaroMont Health employees, health plan beneficiaries/high-risk subscribers, local employers and patients
- * ➤ Increase mental health services provided in primary care clinics
- Volunteer in the community to improve community health
- ➤ Redesign opioid prescribing standards
- * ● ➤ Provide services to lower obesity and diabetes rates

* = Issues addressed by CH and GCDHHS

● = One of the top 5 identified County Health Issues

Other Ranked Health Issues Not Being Addressed by CaroMont Health

1. Illegal Drug Use
2. Teen Pregnancy
3. Alcohol Abuse

These can be better addressed by other local organizations

2015 Implementation Strategy

This presentation of the 2015 Community Health Needs Assessment to CaroMont Health Board on May 22, 2016 led to a discussion about CaroMont Health's priorities, which were included in the FY17 Strategic Plan/Corporate Scorecard.

These priorities are:

- Increase mental health services provided by LCSW's in CaroMont Medical Group practices
- Standardization of chronic opioid management in CaroMont Medical Group.