The second annual CaroMont Community Challenge was a success! The event took place this past Saturday at Stuart W. Cramer High School and welcomed more than 1,000 race participants, volunteers and community members, raising more than $12,000 for the Gaston County Schools Robotics Program! Thank you for coming out to support the event and cheering on your colleagues and friends. Click here for race results.
UnitedHealthcare Renews Network Relationship with Carolinas HealthCare System

UnitedHealthcare has renewed its network relationship with Carolinas HealthCare System (CHS). This agreement means that all CHS physicians and facilities in the Charlotte area are again participating in UnitedHealthcare’s network. The agreement is retroactive to March 1, 2015, ensuring members enrolled in UnitedHealthcare plans do not experience any interruption in their in-network benefits coverage for services received at CHS facilities and physicians. For more information on this and all employee benefits, please contact Human Resources at 704.834.2141.

CaroMont CARES: What is Respect?

In previous editions, we introduced the CaroMont CARES values and explained what they mean to our organization. We are going into greater detail about what each of the values mean and how they impact our daily interactions and decisions. This week, we’ll talk about Respect.

So, what does Respect mean to us?
Respect is at the core of what we do everyday. Our respect for life and health guides the work we do and the care we provide. Respect for our patients, each other and ourselves is how we show we care. The small gestures, friendly words, teamwork and understanding are some of the ways we share that respect with others.

We officially define Respect as:

- Demand open communication.
- Teamwork; support smooth interdepartmental and intradepartmental work flow.
- Identify and push for solutions in which all parties can benefit.
- Effectively share thoughts and ideas, in both verbal and written ways.
- Promote and generate cooperation and teamwork.
- Participate willingly toward accomplishing group goals.

Please contact Human Resources or your manager with questions about our values. To learn more about our values, please click here.

Veterans Monument Dedication Ceremony

Friday, May 22 at 10:00 a.m.

All employees are invited to a ceremony to dedicate our new Veterans Monument on Friday, May 22 at 10:00 a.m. on the front lawn. The Veterans’ Monument is the result of the hard work and dedication of the CaroMont Health Veterans’ Council and represents our history and the sacrifices made by our Veterans.
CaroMont Health Foundation Update
The CaroMont Health Foundation has been busy over the last few months! From awarding scholarships and grants to recognizing Health Heroes, there’s been a lot going on. The following will bring you up to speed with the Foundation programs and initiatives.

Women Optimizing Wellness
The Women Optimizing Wellness group has grown to more than one hundred members! These health-conscious ladies are reviewing the Gaston County health statistics as they prepare to launch their first grant cycle. Grants will be awarded to local organizations and projects driven to improve the health of our community. There is still time to join this motivated group, so reach out to the Foundation Office if you are interested.

Health Heroes
Since launching in November 2014, there have been twelve doctors, counselors, nurses and staff members recognized by patients and fellow employees as Health Heroes. The following recipients were recognized at a reception held at the hospital on Friday, May 15:

John Carson, MD - Critical Care Specialists
Sam Chapman - Surgical Intensive Care
Will Hall - Cardiovascular Surgery Unit
Ryan Marrow - Cardiovascular Recovery Unit
Terri Ray - Gaston Hospice
Johnathan Ogletree - Cardiovascular Surgery Unit

Freida McCarter - Food Service
Todd Friday - Infusion Center, Oncology/Renal Services
Char Biamonte - Psychiatric Services
Julie Scott - Gaston Hospice
Stephanie Elam - Post-Intensive Care Unit
Wanda Flowers - CaroMont Health and Fitness Center

To learn more or to recognize someone as a Health Hero, please contact the Foundation Office at 704.834.4034.

Foundation Grant Program
The CaroMont Health Foundation has just awarded more than $524,000 in FY16 grant funding to internal departments and community agencies to fund a wide range of health-related needs. Some examples of how we are supporting our internal departments include:

CaroMont Cancer Center
Dental services and CT Lung Screening program

Chronic Disease and Self Management
COPD, Heart Failure and Diabetes education programs.

Faith and Health Ministry
Foundations in Faith Community Nursing Course

Indigent Medications and Services Program
Medications, cremation services, short-term placement, utilities and various expenses for patients

Safe Beginnings Program
Car seats, home health services and baby care items for patients

Wellness Department
Discover YOU!, Fun Fit Family Challenge, Quit Smart, PRIDE and Lose it for Good programs

Night of a Thousand Stars
More than 400 supporters danced the night away at Gaston Hospice’s signature fundraising event, Night of a Thousand Stars. The event was held on the evening of May 1 at the historic Loray Mill in Gastonia, raising more than $50,000 in support of Gaston Hospice.